

November 2016

LA BELLA Vita

A Social Magazine for Venetian Bay Residents



WE Salute Our VETERANS

THANK YOU FOR YOUR SERVICE

Collado Real Estate



Now Open!

Venetian Bay Office Location:
424 Luna Bella #127
New Smyrna Beach FL., 32168

**Please call to Purchase, Sell,
or Rent Your Home or Condo!**

386.410.2066

#1 LOCAL REAL ESTATE SALES LEADER

VenetianBayHomes@gmail.com

ColladoRealEstate.com

Inspiration comes in small packages

At Florida Hospital,

we are inspired

by the small wonders that are delivered each day.

Our extraordinary team of highly trained medical specialists are dedicated to providing comprehensive education and support to our families. We know small details matter when choosing where to have your baby, so we offer extra special treatment for our families like a celebration dinner and additional special touches at every turn during your stay. For those bundles of joy that may come early, our Level II Neonatal ICU features private rooms and the latest state-of-the-art technology to ensure mom and her new addition receive highest level attention and care.

The BirthCare Center features:

- Superior hospital patient satisfaction, safety and quality ratings
- Mother/Baby rooms setup for entire hospital stay from labor to delivery
- Babies delivered by patient's own doctor, not on-call OB Emergency staff
- If an OB emergency arises at 20+ weeks, patients can bypass the Emergency Department and be seen by our highly skilled BirthCare Center team trained in OB emergencies — just steps away from the OB Surgical suites.
- 24/7 Level II neonatology coverage at Florida Hospital Memorial Medical Center
- Research-based designed NICU featuring 16 private, family-focused rooms with 5 star amenities to treat the whole family — Mom and Dad may stay at baby's side!



**FLORIDA HOSPITAL
MEMORIAL MEDICAL CENTER**

301 Memorial Medical Parkway, Daytona Beach, FL 32117



To learn more, visit FloridaHospitalBabies.com/classes to register for childbirth preparation classes or to take a pre-delivery tour.

State Certified | Licensed | CAC1817470

ADVANCED
Heat Pump Specialists
AIR and HEAT

advanacedairandheat.com

FREE ESTIMATES, 7 DAYS A WEEK
(386) 427-1665

INDUSTRY LEADING 12 YEAR PARTS WARRANTY

NO EXTRA CHARGE FOR WEEKENDS AND HOLIDAYS

SERVICES

- A/C Service & Repair
- Senior Citizen Discounts
- Blown-In Attic Insulation
- Pool Heat Pumps
- Generator Sales & Service
- Same Day Unit Replacements

WE SERVICE & WARRANTY ALL MAKES & MODELS

AREA INFORMATION & POINTS OF INTEREST

Important Information

n2 publishing™ www.n2pub.com
© 2016 Neighborhood Networks Publishing, Inc.

- (386) 427-8229 **Schools** - Venetian Bay United Methodist Day School
- (386) 424-2163 **Fire** - City of New Smyrna Beach
- (386) 427-1361 **Utilities (Electric, Water & Sewer)** - Utilities Commission
- (386) 788-8890 Sanitation (Waste-Pro)
- (386) 426-8858 Recycling (Southard's Recycling)
- (386) 423-7115 Cable TV (Brighthouse)
- (386) 423-3322 Vehicle Registration
- (386) 423-7115 Drivers Licenses
- (386) 424-2000 **Non-Emergency Police** - City of New Smyrna Beach
- Golf Courses** Venetian Bay

PUBLISHER Kimberly Anderson
(386) 453-1906
Kimberly.Anderson@n2pub.com

EDITOR J.R. Anderson

CONTRIBUTING PHOTOGRAPHERS Debbie Amatucci | **Classic Photography**
La Bella Vita Staff

DIRECTOR OF ADVERTISING & DESIGN Dorian Anderson

DESIGN TEAM N2 Publishing Design Team

CONTENT CONTRIBUTORS Kelly DeSuza
Stephen Laub
David Carson
Drs. Samira & Vartan Karakossian
Faith Stouffer

DISCLAIMER: N2 Publishing is not affiliated with or contracted by the Venetian Bay Property Owners Association, Inc. (the "Association"). This publication, including the content of articles and advertisements contained herein, is not authorized or endorsed by the Association. Any articles included in this publication and/or opinions expressed therein do not necessarily reflect the views of N2 Publishing but remain solely those of the author(s). The paid advertisements contained within the La Bella Vita magazine are not endorsed or recommended by N2 Publishing or the publisher. Therefore, neither N2 Publishing nor the publisher may be held liable or responsible for business practices of these companies. **NOTE:** When community events take place, photographers may be present to take photos for that event and they may be used in this publication.

CONTRIBUTORS AT LARGE The Residents of Venetian Bay
We are always looking for residents to follow up on leads, find great stories and send us ideas. Let's celebrate the great things happening in our community! No contribution is too small. Please email LaBellaVita@n2pub.com with your pictures, suggestions, or requests.

Abundant Health Day Spa

Where relaxation meets wellness

MASSAGE • FACIALS • NAILS • WAXING • MAKE-UP • COUPLES TREATMENTS & PACKAGES

\$25 off any retail purchase with \$100 in services

386-423-9244

1852 Renucci Rd.
New Smyrna Beach, FL 32168
(Located in Winn Dixie Plaza)
Lic #MEM31756

WWW.ANDAYSPA.COM

Online scheduling at the website
Free gift at the time of your first service with this ad

Get to Know the Experts.

Maurice and Gina are the local power couple behind A Classic Touch Painting. With their professional staff, this small business has a big purpose. Taking pride in quality work and a trusted name, that's why they've been voted best around 6 years!

Fully licensed & insured, Background Checked, Non-Smoking Crews, Drug Free Workplace

Garage Epoxy, Exterior Waterproofing, Interior Experts, Deck Painting, Expert Carpentry, Stucco, Rotten Wood

The holidays are just around the corner! Let us help you get ready to impress your guests with our Interior & Exterior Painting Expertise, Carpentry and Showroom Garage Floor Epoxy Systems.

Call Maurice & Gina
For a Free Estimate
386.763.1238
aclassictouchpainting.net

A Classic Touch Painting

Dignity®
MEMORIAL

Volusia Memorial Park and Funeral Homes

General Manager & Venetian Bay Resident
Brenda Campbell

Cremation, Burial and Cemetery Arrangements

Volusia Memorial Funeral Home Ormond Beach 386-673-5373	Volusia Memorial Park Ormond Beach 386-677-8979	Volusia Memorial Funeral Home Port Orange 386-322-5373
--	--	---



This section has been created to give you easier access when searching for a trusted neighborhood vendor to use. Take a minute to familiarize yourself with the businesses sponsoring your newsletter magazine.

These local businesses are proud to partner with you and make this magazine possible. Please support these businesses and thank them for supporting your community!

ACTIVITIES

Keys To Our City
(386) 235-5678
www.keystoourcity.com

AIR CONDITIONING & HEATING

Advanced Air & Heat
(386) 427-1665
www.advancedairandheat.com

AIR TRAVEL

Lord and Lasker Florida, Inc
(DBA: Jet Blue)
(800) 538-2583
jetblue.com

APPLIANCE/AC REPAIR

Broward Factory Service
(407) 425-2556
www.browardfactory.com

ATTORNEY, ESTATE PLANNING & WILLS/TRUSTS

Bailey & Trumbo
(386) 423-1110
www.baileytrumbolaw.com

AUTO DEALERSHIP/FULL SERVICE FACILITY

Kaiser Buick - GMC Trucks, Inc
(386) 734-6882

BABY & CHILDREN'S FASHION

The Baby Shoppe
(386) 314-8729
www.thebabyshoppeonline.com

BANKING

Friends Bank
(386) 428-2299
www.friendsbank.com

BLINDS, SHADES, SHUTTERS, DRAPES

US Blinds
(386) 788-7766
usblinds.net

BLINDS/SHUTTERS & WINDOW COVERINGS

Coastal Shutters
(386) 409-2199
www.coastalshuttersonline.com

BOAT DEALERSHIP & SERVICE

Specialty Auto & Marine
Center
(386) 410-4757
www.specialtymotorsales.com

CARPET & UPHOLSTERY CLEANING

Precision Carpet-Tile &
Upholstery Cleaning, Inc.
(386) 423-7551
www.precisioncarpetcleaner.com

CARPET AND UPHOLSTERY CLEANING

At Your Service
(386) 426-0243
www.atyourservicensb.com

CHIROPRACTIC CARE

Megan Franklin, D.C.
(386) 492-2989
www.mfranklindc.com

CLEANING/ MAID SERVICES

Molly Maid
(386) 256-4935
www.mollymaid.com

COMPUTER SERVICES

Computer "A" Services
(386) 409-0320
www.computeraservices.com

CUSTOM CLOSETS

Top Drawer Custom Closets
(386) 761-8775
www.topdrawercustomclosets.com

DAY SPA

Abundant Health Day Spa
(386) 423-9244
www.ahdayspa.ccom

DELI

The Happy Deli
(386) 410-3776
thehappydeli.com

DENTIST

Eagle Eye Dental
(386) 424-1631
www.Eagleeyedental.com

Westberry Family Dentistry
(386) 423-1440

www.
newsmyrnabeachfamilydentistry.com

DERMATOLOGY

Blue Ocean Dermatology
(386) 256-1444
www.blueocean dermatology.com

EXTERIOR CLEANING SERVICE

Spray Soft Exterior Cleaning
(386) 314-9834

FAMILY MEDICINE

Dr. Vartan Karakossian & Dr.
Samira Karakossian
(386) 231-6300
www.hcpphysicians.org

FINANCIAL & ADVISORY SERVICES

Ameriprise Financial (DBA:
David Carson, CFP/Ameriprise
Financial/Carson, Wheeler &
Associates)
(386) 760-2000
www.CarsonWheeler.com

Anne M. McCulloch, Edward
Jones Advisor (DBA: Anne
McCulloch AAMS/Edward
Jones Investments)
(386) 427-3886
www.edwardjones.com

FLOORING

Fashion Tile
(386) 767-6004
www.fashiontilefl.com

FUNERAL & CREMATION SERVICES

Volusia Memorial Park &
Funeral Homes
(386) 322-5373
www.dignitymemorial.com

GIFTS/ FRUIT/ CHOCOLATES

Edible Arrangements NSB (DBA:
John Homlish/Edible
Arrangements NSB)
(386) 423-1079
www.ediblearrangements.com

GOLF CARTS

Gulf Atlantic Vehicles, Inc
(386) 427-9778
www.GulfAtlanticVehicles.com

Paradise Power Sports
(386) 402-8991

www.
paradisepowersportsflorida.com

GOLF AND COUNTRY CLUB

Venetian Bay Golf Club
(386) 424-5775 x301
www.venetianbaygolf.com

HEARING AIDS

Affordable Hearing Solutions
(386) 492-2980
www.hearingaidsportorange.org

HOSPITAL

Florida Hospital Memorial
Medical Center
(386) 231-6000
FloridaHospitalMemorial.org

HOTEL

Country Inn & Suites
by Carlton Port Orange/Daytona
(386) 760-0101
www.countryinns.com/portorangefl

INSURANCE

Buddy Davenport, State Farm
Insurance (DBA: Buddy
Davenport Insurance Agency,
Inc.)
(386) 426-2886
www.buddydavenport.com

HIG Insurance Group

(407) 944-5555
www.callhig.com

Smith & Associates

Insurance Agency
(386) 409-8004
www.smithinsagencyinc.com

INSURANCE AUTO- HOME-BUSINESS

CCI/Commercial Coverages,
Inc
(386) 756-8551
commercialcoverages.com

LASER HAIR REMOVAL

Laser Center of Port Orange
(386) 304-3411
www.lasercenterpro.com

LAUNDRY SERVICES

Laundry Land Cleaners
(386) 756-2544

LEARNING CENTER

Pathways Early Learning Center
of Port Orange (DBA: Pathways
Early Learning Center / Mid
Florida Community Services)
(352) 796-1425
www.pathwaysearlylearning.com

MOVING & STORAGE

J&M Moving & Storage
Specialist, Inc
(386) 761-6181
www.jandmmoving.com

NURSERY/LANDSCAPING

Beck's Wholesale Nursery &
Landscape
(386) 255-2126
www.becksnurseries.com

PAINTING, RESIDENTIAL & COMMERCIAL

A Classic Touch Painting
(386) 763-1238
aclassictouchpainting.net

PEDIATRICIANS

Volusia Pediatrics
(386) 424-1414
www.volusiapediatrics.com



PEST CONTROL & LAWN CARE

Liberty Lawn and Pest
(386) 492-7979
libertylawnfl.com

PET GROOMING

CoCo's Canine Club
(386) 402-9999
www.cocosdoggydaycare.com

Sassafras Pet Spa LLC

(386) 426-0415
www.sassafras-nsb.com

PHOTOGRAPHER

Classic Photography
(386) 675-0564
www.debsclassicphotography.com

POOL MAINTENANCE

L&B Pools of Volusia County, LLC
(386) 957-4934
www.lbpoolservice.com

POOL SUPPLIES & SERVICES

SE Pool Supply & Chemical Inc
(386) 402-8980
www.sepoolandspa.com

REAL ESTATE

Collado Real Estate
(386) 451-5564
www.PatColladoRealEstate.com

Executive Realty Group LLC

(386) 299-8989
www.mrtsells.com

REHABILITATION

Ocean View Nursing & Rehabilitation
(386) 424-3249
www.oceanviewrehab.com

SECURITY ALARM SERVICES

Security Center
(386) 427-8007
www.securityctr.com

SKIN CARE / PLASTIC SURGERY

Thairapy Laser & Skin
(386) 444-8898

SOLAR & MORE

Wayne's Solar
(386) 673-9720
waynesolar.com

THERAPY CLINIC

Blue Water Therapy Inc
(386) 426-7885
www.bluewatertherapynsb.com

TRAVEL

Cruise Holidays
(386) 322-2222
www.cruiseholidays.com

WINDOW SERVICES

Tropical Glass Tinting
(386) 428-0810
www.tropicaltinting.com

THANK YOU FOR YOUR SERVICE



I served with you!



USMC



Founders,
Chase Herbig
CLU, ChFC, CFM, BSBM
Star Herbig
CRM, FCAP, CRCM, BSFM

Serving Volusia County for Over 35 Years

Stop Overpaying for Insurance... Call HIG!™

Home • Condo • Auto • Flood • Boat • RV
Condo & HOA Associations

Local Offices To Serve You

Port Orange • 1650 Taylor Rd.
(Next to Publix & Kohl's)

New Smyrna Beach • 813 A1A
(Across from Beachside Walgreens)

Call or Email Our Senior Associates Today!

Maura
Maura@CallHIG.com

Tami
Tami@CallHIG.com

Danielle
Danielle@CallHIG.com

Personal Insurance 386.944.5555
Condo & HOA Associations 407.920.1116

633 North Dixie Freeway,
New Smyrna Beach FL., 32168
www.SEPoolandSpa.com



SE POOL SUPPLY & Chemical Inc.

Expert Level Equipment
Digital Water Testing
Weekly Cleaning and Maintenance
386.407.8980





VENETIAN BAY BIKE CLUB MEMORIAL DAY RIDE

Submitted By Resident **Jewels Miglioranzi**



Venetian Bay RESIDENTS

publisher's note

November is a very special month – we honor our veterans on Veteran’s Day and we give thanks for all our blessings on Thanksgiving. We want to wish all our veterans and their families a Happy Veteran’s Day and thank them for their sacrifices and their service.

La Bella Vita is created exclusively for our residents – we hope to play a role in continuing to build a sense of community. Please share your ideas and concerns with us so we can make the magazine even better.

Our advertisers have been hand-selected because of their expertise and outstanding customer service.

We encourage you to support them if they can provide you with a service or need.

Thanksgiving is such a great opportunity to take time to reflect on all the many blessings that we have received. Please take the time to relax, eat some great food, watch some football and enjoy being with family and friends.

Happy Veteran's Day and Happy Thanksgiving!!

Kimberly Anderson

Area Director New Smyrna Beach
Publisher, *La Bella Vita* Magazine

Kimberly.Anderson@n2pub.com
386-453-1906



Thank You To Our Contributors



Debbie Amattu



J.R. Anderson



David Carson



Kelly Desuza



Dr. Samira & Vartan Karakossian



Stephen Laub



Faith Stouffer



Lori Willick



Dudley Of Dudley *doing right* With New Smyrna's Finest

Submitted by Resident **Lori Willick**

Police Push Up Challenge

New Smyrna Beach Police Day 6 of their 22 day "22KILL" push-up challenge to raise awareness of veteran suicide and Post Traumatic Stress Disorder (PTSD)



Buddy Davenport
Insurance Agency Inc.

386-426-2886

1305 State Road 44
New Smyrna Beach FL 32168

StateFarm



www.callbuddynow.com

Thank You For YOUR SERVICE

Veterans Photo Enhancement By Greg Flynn

We **SALUTE** Venetian Bay **VETERANS**



DAVE VADEN, U.S. Army, LTC, 1980-2004



MICHAEL J. MIGLIORANZI, U.S. Air Force, Major, Meteorologist



DANIEL GAGNON, SMSgt (E-8), Air Force, 1972-1978 and 1980-1997



MICHAEL J. CANNON, U.S. Navy, Radioman 2nd Class, 1966-1970



Bartholomew Duerr, U.S. Army, 1954-1955

BARTHOLOMEW DUERR

I was drafted into the U.S. Army on February 8, 1954. I received basic training at Aberdeen Proving Grounds, Maryland. My advanced training as an Intermediate Speed Operator in Morse Code took place at Fort Dix, New Jersey.

In August 1954, I was sent to Korea. Fortunately, the peace treaty between North Korea and the United States had been signed in July 1953, one year earlier.

I was assigned to the 31st Infantry Battalion, Headquarters and Headquarters Company. I became the Communications Chief in charge of code and voice communications between Head and Head Company and the three companies that reported to the battalion.

Seeing the need for more code operators, I established Polar Bear College, a training school for developing slow speed operators.

I left Korea in early December and was discharged on December 14, 1955, with the rank of SP3.



Ernie Jackson, U.S. Army, LTC, 1981-2001

ERNIE JACKSON driving a Bradley infantry fighting vehicle. Lieutenant Colonel, Army, 1981 to 2001.



Warren Selig, U.S. Army, SSG, 10 yrs. Active Duty



WARREN SELIG

teaching Jungle Operations & combat/survival skills to all branches of service. I am now currently serving with the Florida National Guard so I can still lace up the boots one weekend a month but spend more time focusing on school, my real estate endeavors and, most importantly, family.



Jim Schafer, U.S. Army, SGT, 1966-1968

JIM SCHAFER, served in the Army from 1966 to 1968. He was a LRRP in Vietnam, which is now known as the Army Ranger program and a sergeant when he left the service.

then rushed her son along, probably to save me from having to lie any further.

The truth is that I was a C-130 aircraft mechanic, soon to be stationed at Little Rock Air Force Base, Arkansas, where I would spend the next three years developing my trade. During this period, it felt more like a regular job than the military. Sure, I wore the uniform but I worked set hours, never traveled and would spend all of my money at Best Buy and fast food joints. Yet, despite my uneventful time spent in the service thus far, I would still hear those kind

Name: WARREN SELIG

Rank: Staff Sergeant E-6

Service: Army

Time of service: 10 years Prior Active Duty; Now currently serving with the Florida Army National Guard

Two Combat tours Iraq: 2007-2008 15 months / 2010-2011 13 months

Current Job: Realtor
School: DSC Building & Architectural Technology program

Upon my departure from Active Duty last year, I was a Jungle School instructor in Hawaii



Loren Harmon, U.S. Army, CWO3, Helicopter Pilot, 1967-1970

LOREN HARMON was a helicopter pilot with the Army rank CWO3 (at discharge) from Oct 1967-Oct. 1970. He served in VietNam from Oct 1968 to Oct 1969 with the 336 Assault Helicopter CO. in Soc Trang, Viet Nam.



Mary Harmon, U.S. Army Nurse Corp, CPT, 1968-1971

MARY HARMON : I was in the Army Nurse Corp from Feb 1968 to Feb 1971. I served in Viet Nam from Feb 1969 to Feb 1970 at the 67th Evac Hospital in Qui Nhon. This picture was taken in the A&D Dept (or ER). My rank at discharge was Cpt.

Written By **J.R. Anderson**

"Thank you for your service." These words have become ubiquitous over the last decade. We hear it from politicians, customer service representatives, teachers and strangers. In the fall of 1998, just a couple of months after basic training, I was strolling through a mall in Wichita Falls, Texas, donned in my full-service dress blues, as it was required when leaving base as a technical school student. A young boy approached me and asked if I was a fighter pilot. "Yes," I replied. His mother gave me a look as if to say "bull," then smiled because she knew I couldn't bring myself to tell the kid no. "Thank you for your service," she said, and



•••

words, “thank you for your service,” on a regular basis. The phrase became increasingly meaningless as time passed -- I believed police officers, firefighters, doctors, nurses and teachers all deserved such kind remarks. And there I was, a grease monkey wishing he had two elbows on one arm just so he could reach some elusive bolt in order to avoid removing more parts to access it. What service? It was a job, nothing more, nothing less.

I felt cheated. The recruiter sold me on exotic trips to foreign lands and experiences most Americans could only imagine. Yet I was anchored at Little Rock Air Force Base, institutionalized with supervisors who had dreamed of leaving for years but could never get reassigned. In August 2001, I visited the person-

nel office to put in for an assignment overseas and the lady just smirked at me. I wouldn't be going anywhere as long as I had less than a year left on my term. So the next week, on Sept. 2 — my three-year anniversary — I re-enlisted. Needless to say, 9/11 happened shortly after. As tragic as it was, it may have been the catalyst for what happened next: I received orders to Ramstein Air Base, Germany, the following month.

Outside of the U.S., “thank you for your service” was virtually nonexistent. But I didn't care because it hadn't meant much to me, plus I was in another country living it up. I had the same mundane job as in Little Rock, only in a much better location. Turning wrenches didn't seem so bad with schnitzel, bratwurst and hefeweizen ready for massive consumption every day after work. It was no wonder why many soldiers viewed airmen as the frat-boys of the armed forces -- we had the best lodging and facilities, not to mention the fact that we sacrificed very little compared to other branches. The Air Force seemed spoiled compared to the other branches, which was probably why “thank you for your service” always seemed to bring about feelings of guilt.

I had networked my way into a heavy maintenance position right around the time the U.S. invaded Iraq. One of my coworkers was deployed to Ali Al Salem Air Base, Kuwait, for Operation Iraqi Freedom. Shortly after, he had returned early due to a death in his family. My supervisor asked for a volunteer replacement at roll call and no one raised a hand. I suppose the good life of “work hard, play hard” was too hard to give up for four months. My hand was raised before I realized it -- I was just as surprised as everyone else. The next day, I was on a plane to Kuwait.

Even in Kuwait, the Air Force had it good -- we had air-conditioned tents, a Pizza Hut, Subway, entertainment lounge with a dozen PlayStations, and enough Girl Scout cookies to literally feed an army, thanks to a donation from Bruce Willis. Reality set in around the time of the Fallujah campaign in Iraq. We were towing an aircraft along the taxiway when an AC-130 gunship was blazing toward us, head-on. They had obviously seen an aircraft tow in progress, yet they hadn't slowed down. We had to speed up dramatically in order to make it off the taxiway before it collided with us and we barely made it. Naturally, we cursed them

and flipped them off as they buzzed by, without considering for a moment that they were in a hurry for a reason — a mission to blow butts off the planet.

The next day I was at my scheduled aircraft, preparing it for flight. I was leaning on a 250-pound fire extinguisher at the front of the aircraft waiting for the flight engineer to finish his -1 preflight inspection. A couple of my guys were laid out in the shade under the wing, as it was about 130 degrees outside. A bus pulled up, and about two-dozen soldiers exited and lined up outside the aircraft. They boarded the C-130, one-by-one, standing three at a time on the crew entrance door. All I could think was how it was only supposed to have enough support for one person at a time. So I approached the soldiers and told them the crew door can only support one person and that I didn't feel like replacing a torque tube that day. One of the soldiers looked at me, gazed down at the bag of Cheetos and Gatorade I was holding and smirked.

Being the spoiled airman I was, I marched back to the fire bottle, butt-hurt and upset at the disrespect given by these grunts. As I took a swig of my Gatorade and brushed the Cheetos-dust onto my pants, I began to study the rest of the soldiers as they boarded the plane. Their faces were stoic, emotionless. They weren't engaging each other with jokes or horseplay. They were just standing there, heel-to-toe, head and eyes straight-forward. These

guys were here for R&R (rest and relaxation) and their time was up — back to the battlefield. Then I had a moment of clarity. Perhaps some of those stoic faces would never make it home alive to greet loved ones. Maybe they would make it home but as different people than when they had left. My eyes moved toward my coworkers napping under the wing and I became overwhelmed with feelings of guilt and embarrassment. All I wanted to do was approach one of the soldiers, extend my hand and say “thank you for your service.”

The rest of my tour in the desert, as well as my career, was spent with a different mindset. Although I didn't don an M-16 rifle and fifty pounds of gear everyday for work, I did tote a fifty pound tool box in order to do my job — to make sure the aircraft gets off the ground safely, lands safely and successfully transports its cargo -- be it bombs, bullets, troops or Girl Scout cookies. What I did was important to the overall mission. It is easy to forget at home station where the big picture is out of sight. It is easy to forget when every day is so repetitious. It is easy to forget until a stranger, loved one or neighbor approaches you and says, “Thank you for your service.”



BLUE OCEAN DERMATOLOGY
BECAUSE YOUR SKIN IS WORTH IT

General, Cosmetic & Mohs Surgical Dermatology

LAWRENCE G. BLASIK, JR., MD
NITRA H. WELCH, MSN, NP-C
JASON L. WELCH, MSN, NP-C
ALINA COLLINS, ARNP, NP-BC




- Accepting New Patients
- Accept Medicare & Most Commercial Insurances
- All Aspects of Dermatology Provided

Call 386.256.1444
For Appointments and Details
3951 S. Nova Rd., Suite #3 Port Orange, FL

www.blueoceandermatology.com

Like us on Facebook



BAILEY & TRUMBO LAW FIRM
Experienced Local Counsel Serving Volusia Since 1982


Bailey & Trumbo Group is honored to serve the residents of Venetian Bay

Practice Areas:

- * Estate Planning
- * Probate & Trust Administration
- * Wills & Trust
- * Medicaid Estate Planning
- * Elder Law

AV Rating

(386) 424-4007



340 N. Causeway, New Smyrna Beach FL. 32169

Time to Think Window Treatments!



Custom Window Treatments
U.S. BLINDS
Draperies & SHUTTERS




Designer Debbie Wallace

Now that Fall is upon us the cellular shade is such a nice idea for your windows. You can do them as top-down/bottom-up. Then you can still have privacy and let the light come in too. It also comes cordless or with a cord loop. A really classy way to enhance your home!

1725 S Nova Rd, A6
South Daytona

386-788-7766



Home - The Berkshire

The Estates at Verano is a new community by Platinum Home Builders. It features Cottage Homes, Coach Houses and more ... with a total of seven models and 191 lots available. Please call Platinum if you are interested!



The Berkshire

home of the month

AT THE ESTATES AT VERANO BY PLATINUM HOME BUILDERS



SUPPORT LOCAL BUSINESSES

Locally owned and operated over 35 years

Please visit our website www.fashiontilefl.com

Employees undergo drug testing and background checks

386-767-6004

New Showroom Opening Soon!

4643 S. Clyde Morris Blvd Unit 304
Port Orange FL. 32129



FINANCIAL FITNESS

By Resident **David Carson**

Caring for a family member is complex. While deeply meaningful, it can be emotionally taxing and often presents unexpected challenges, often financial ones. If you may need to step into a caregiving role, it's a good idea to plan a financial strategy today before it becomes an added stressor. Here are some questions to help you get started:

What do you know about your loved one's financial situation? Knowing the particulars of your loved one's disability, life and health insurance policies, savings and financial obligations can make it easier to step in on a moment's notice. Obtain contact information for the financial professionals your loved one works with so you know who to go to if you have questions.

What is your strategy to pay caregiving expenses? First, think about what bills and expenses your loved one is cur-



Helping generations *achieve their dreams.*

Since 1894, we have been committed to putting clients first. Helping generations through tough times and good times. Never taking a bailout.

Call me today at 386.760.2000.



DAVID CARSON,
CFP®, RFC®, CRPC®, APMA®
Financial Advisor
Vice President

Carson, Wheeler & Associates
An Ameriprise Platinum Financial Services® Practice
1401 Beville Rd
Daytona Beach, FL 32119
386.760.2000
dcarson@ampf.com
carsonwheeler.com



Ameriprise Financial Services, Inc. Member FINRA and SIPC.
© 2015 Ameriprise Financial, Inc. All rights reserved. (7/15)



rently paying that you may need to make on his or her behalf. Encourage your loved one to set up automatic bill pay or to add you as a second signer on a bank account to make handling expenses easier. Next, consider what expenses you may incur as a result of your caregiving role -- such as out-of-pocket medical care or home improvements needed to accommodate your loved one.

What is the financial impact if you need to take time off from work? If you are employed, you may be covered by the Family Medical Leave Act (FMLA). With this federally mandated program, eligible employees can take up to 12 weeks of unpaid leave to care for an immediate family member while health benefits continue. Some companies allow employees to stockpile sick days and vacation days -- if you can use this kind of accrued time off, you'll still get paid. Liquid savings of your own can help to cover your expenses if you need to take unpaid leave from work.

Are your loved one's assets legally protected? Being proactive from a legal standpoint can help ensure your loved one's wishes are known and assets are protected during a prolonged illness. Power of attorney, or a durable power of attorney, gives a trusted party the ability to make important decisions about finances and health care. Another legal document that can help is an advanced directive, which outlines specifics for medical and end-of-life care. When these documents are in place, you have clear guidance on how to manage your family member's affairs.

Who would you turn to for support? Talk with other family members about their willingness to help and how responsibilities might be divided. Research social service and community organizations in your area to see what support is available for caregivers.

How will you balance your financial goals with caregiving expenses? Caregiving often requires more immediate expenses that can make it challenging to focus on saving for your child's college education or your own retirement. Developing a plan to continue saving toward long-term goals may help you reduce your financial stress down the road. Financial planning under the guidance of a financial advisor can help you anticipate and prepare for caregiving and other future events that may impact your finances.

Real Estate RESOURCE

Featured properties may not be listed by the office/agent presenting this brochure.
Source Multiple Listing Service. All information herein has not been verified and is not guaranteed.



Address	Neighborhood	List Price	Beds	Baths	SqFt	Parking
3589 Grande Tuscany Way	Tuscany Reserve	\$1,990,000	6	7	7,988	4+
247 Capella Court	Portofino Estates	\$1,595,000	5	7	6,265	3
263 Portofino Blvd	Portofino Estates	\$875,000	4	3	3,872	4+
3581 Grande Tuscany Way	Tuscany Reserve	\$654,900	4	3	3,450	2
254 Portofino Blvd	Portofino Estates	\$499,900	4	3	2,599	3
3307 E Locanda Circle	Promenade Parke	\$425,000	4	2	2,250	2
344 Leoni Street	Arbor Lakes	\$395,313	4	3	2,405	2
569 Caro St	Marisol	\$392,000	3	2	2,250	2
3502 Venetian Villa Drive	Venetian Villas	\$342,900	4	3	2,449	2
3602 Maribella Drive	Maribella	\$329,000	3	2	2,079	2
511 Prato Street	Promenade Parke	\$324,500	3	2	2,124	3
3424 Torre Blvd	Savannah Pointe	\$269,000	4	2	2,246	2
3421 Torre Blvd	Savannah Pointe	\$259,000	3	2	2,451	2
424 Luna Bella Lane Unit #230	Tuscany Square	\$230,000	3	3	2,080	1
3523 Casalta Circle	Parkside	\$229,000	3	2	2,060	1
424 Luna Bella Lane #223	Tuscany Square	\$220,000	3	2	1,753	1
424 Luna Bella Lane #224	Tuscany Square	\$199,500	2	2	1,575	1
424 Luna Bella Lane #212	Tuscany Square	\$179,900	2	2	1,575	1



Collado Real Estate
Venetian Bay Office
386.410.2066

Your Venetian Bay Lifestyle Realtors

We can represent you in buying, selling, or with new construction purchases. Our friendly agents will assist you in finding the perfect home. Simply call our office number or come in 7 days a week to meet an agent. Our agents will show you what is currently available in Venetian Bay as well as any other interest you may have in Central Florida. We Represent You!!!!

- Venetian Bay Inventory Specialists
- Certified Realtor®
- VenetianBayHomes@gmail.com

WHY RISK YOUR MOVE...

With Just ANY Mover? Call the BEST!



**FREE
Wardrobe
Boxes**

**FREE
ESTIMATES**

- Family owned & operated
- Full value Protection
- Expert Packing & Crating
- Climate Controlled Storage
- Local, National & International Relocations
- Competitively Priced
- optimum Protection
- Fast, Personal Service

J&M AMERICAN

Serving Central Florida Since 1981
 (386) 761-6181 • (800) 308-2256
www.jandmmoving.com
sales@jandmmoving.com
 FL REG IM1

get noticed.

www.n2pub.com



BUYING or SELLING?
 Call
 Lee "Mr. T." Toutouchian
 386-299-8989



5889 S. Williamson Blvd. #201, Port Orange, FL 32128 MrTSells.com

The cost of keeping up with the Joneses
 ...just went down

Come To
 KaiserBuickGMC.com
 We'll Never Tell
 How Little You Paid.
 If You Don't.



BUICK GMC
Kaiser
 BUICK | GMC TRUCK



I-4 Exit 116 W. to Hwy. 17-92
 2 Min. North • 386.734.6882
KaiserBuickGMC.com

Special Discounts for New Customers from Alaqua Lakes, Heathrow, Lake Forest & Venetian Bay

#1 in Guest Satisfaction, Carlson-Residor Hotel Group, Worldwide!

COUNTRY
INN & SUITES
BY CARLSON

5 miles from the beach,
near Daytona and New Smyrna
Sun. Fun. Relax. Stay.
Port Orange, Florida

Reservations: 386.760.0101 CountryInns.com/PortOrangeFL

www.n2pub.com

Advertise
here

WAYNE'S
solar

Continue to enjoy
your **WARM POOL** this
approaching **COOL**
SEASON with a solar
pool heating system!

AND SAVE \$250
On a Complete Solar
Heating Package

ACCREDITED BUSINESS BBB Rating: A+ goGreen f

Specials subject to change. Limit one (1) coupon per contract. Cannot be combined with any other offer. Not redeemable on minimum service charge. Coupon must be presented at time of visit. Offer expires 1/31/17.

1 YEAR NO INTEREST, NO PAYMENTS
then payments as low as \$75 a month

386.673.9720
www.WayneSolar.com 357 Andrews St. Ormond Beach FL 32174
License # CVC56698

Did you know that your homeowners insurance **doesn't** cover flood damage?
ARE YOU COVERED?

SMITH & ASSOCIATES
INSURANCE AGENCY, INC.
Call for a free quote (386) 409-8004

508 Canal Street
New Smyrna Beach, FL. 32168

*Smith & Associates Insurance is a family owned and operated insurance agency with over three decades of experience in the insurance industry.

Free Driveway Cleaning
with purchase of house or roof cleaning

Before

After

HOA Violation? Dirty roof, house, driveway?
We can help! Call today!

JOSHUA GRAY
CALL OR TEXT: (386)314-9834
SPRAY-SOFT.COM

SAILINGS NOW AVAILABLE TO
CUBA

CALL 386-322-2222 TODAY AND SAIL!

Call and Speak To Your Local Travel Agent Now!
Cruise Holidays of Daytona
640 Dunlawton Ave. Suite C • Port Orange, FL 32127
Book Now: 386-322-2222



watching him work ... not to mention the outcome of smiling faces and the relieving of patients' dental pain. To be able to restore a person's smile and, in essence, his or her confidence, seemed to be very fulfilling to me, so I pursued the field of dentistry.

Where did you grow up? I grew up in Queens, NY, and moved to Daytona Beach at age 11 with my family.

What are your hobbies/interests? I enjoy traveling, going to the beach, swimming, going to the gym and spending time with my family.

What else we should know about you, your family, or your business? I am a member of American Dental Assoc., Florida Dental Assoc., Academy of General Dentistry, Volusia/Flagler County Dental Assoc., Central Florida District Dental Assoc. and American Academy of Oral and Maxillofacial Pathology

meet *Dr. Michael Somai, DMD*

Classic Photography

sponsor of the month

Your name: Dr. Michael Somai, DMD

Your position: Dentist

Company name:

Eagle Eye Dental

Website: eagleeyedental.com

Phone number:

(386) 957-3977

Business address: 104 S.

Cory Dr. Edgewater FL 32141

Industry: Dentistry

How many people does the company employ? 10 people

How long has it been in business? I have been practicing dentistry since 2005 and started this practice on 9/17/2012.

What prompted you to start your own business? I started my own dental office to be able to practice my own style of dentistry, taking advantage of the latest materials and technology to better care for our patients and dental needs.

Anything extraordinary/unique that your company does: We have a close-knit staff and provide personalized dental care to every patient. "Let our family care for yours!" We also always have fun and new

patient specials for those without dental benefits.

Given your business expertise and the nature of what you do, what advice (whether general or specific) can you offer to the residents of your neighborhood? Establish yourself with a dentist -- get yearly exams, professional cleanings and maintain meticulous hygiene at home, which includes flossing, brushing, cleaning your tongue and using mouthwash.

How did you decide on this industry (events that led up to where you are now, where you went to school, etc.)? I excelled in the arts and sciences and became very interested in medicine and the human body. I had great manual dexterity. I shadowed my family dentist and I thoroughly enjoyed

Classic Photography

Photographer

Debbie Amateucci

New Smyrna Beach Florida
(386) 675-0564

Weddings and Portraits
Engagement, Pre-Bridal, Post-wedding session
Maternity, Families, Children and Pets

www.debsclassicphotography.com
e-mail deb@debsclassicphotography.com

precious pets

meet Donna, Bella & Lily

D. Anderson Photography



Donna Wyborny, mother of Bella & Lily



Mitch and Donna Wyborny, proud owners of Bella and Lily, two lovable Yorkshire Terriers. Bella, the five-year-old mother, and Lily, her two-year-old daughter, were lucky enough to find a couple who cares for them as much as their own daughters, Amber, Alexis and Madison.

Pets, for many of us, are more than just lovable companions who bring joy to our lives -- they can be the catalyst for a change we desperately need in our lives, whether it be the need for unconditional love, the need for emotional recovery or the need for a sustained lift in spirits after a difficult ordeal.

In 2010, Donna, a Christian Kindergarten teacher, was hospitalized for a problematic neurological development. As if that weren't enough, after five days in the hospital, she lost her grandmother, who had raised her, two weeks prior to her surgery.



Your Unique, Boutique Doggy Day Care



Look for CoCo's Canine Express Bus Pet Stop coming to Venetian Bay

Our Services Include:

Day Care / Slumber Care / Pet Sitting Services

"Pet sitting by our trained CoCo's Canine Companions"

Dog Walking

30 / 60 min. Dog Excursions

386.402.9999



CoCo's Canine Club

4164 S. Atlantic Ave. New Smyrna Beach FL. 32169

Unbeknownst to Donna, Mitch, who had stayed by her bedside throughout her hospitalization, had been scouring the internet for Yorkie puppies. Donna had always wanted a Yorkie and despite Mitch's preference, the mending of his wife's broken heart and the rejuvenation of her spirit superseded all else.

"I need to stop somewhere on the way home," Mitch said, as Donna sat in the passenger seat, heavily medicated and exhausted from surgery.

"Honey, I need to get my pain medicine ... I can't even hold my head up," said Donna. "You don't need to go buy a tool."

Whether or not Mitch had a history and an affinity (perhaps to a fault) for craftsmanship, he had something else in mind. At around 8:30 p.m., Mitch



pulls into the woods, escorts Donna to a picnic table and the breeder walks up and places Bella in her arms.

Was Bella a catalyst for change? Given the love and admiration the Wybornys have for their dogs -- exhibited by Lily's obsession with belly rubs and high-frequency licks to reciprocate -- we can assume the answer is an abounding, yes.

Construction Loans





Friends Bank
A REAL HOMETOWN BANK
NMLS# 810408

Build Your Dream!
Construction Loans Made Easy.

MEMBER FDIC

Nick Koulouris
O: 386-671-9409
C: 386-631-1441
NMLS# 1104284

Pete Klironomos
O: 386-428-2299
C: 386-295-9299
NMLS# 811144



EQUAL HOUSING OPPORTUNITY

PORT BRAISED LAMB SHANKS

resident recipe Submitted By Resident Nancy Lohman

MEAT

- 4 Lamb shanks

PRODUCE

- 3 Bay leaves, dried
- 1 Carrot
- 1 Celery stalk
- 2 Garlic cloves
- 1 Onion, yellow brown white
- 4 stalks Parsley, fresh
- 1 Parsley, Fresh
- 5 sprigs Thyme

CANNED GOODS

- 2 cups Beef broth
- 3 tablespoons Tomato paste

INSTRUCTIONS:

- Season lamb with salt and pepper.
- Heat 1 tablespoons oil in a dutch oven or large heavy-based pot over high heat. Add 2 lamb shanks and cook, turning, until browned (see photo). Remove then repeat with remaining lamb. Turn heat down to medium. Add remaining 1 tablespoon oil, garlic, onion, carrot and celery. Sauté for 5 minutes until onion is softened.
- Add flour. Mix into onion mixture.
- Add remaining ingredients. Mix - lumps are ok, they will dissolve while cooking.
- Add lamb back in - the meat should be mostly submerged. Bring to simmer, then turn heat down to medium-low and cover with lid.
- Simmer for 2 hours (Note 4) then remove lid and simmer for 30 minutes.
- Remove lamb into a bowl.

BAKING & SPICES

- 3 tablespoons Flour
- 1 Salt and pepper

OILS & VINEGARS

- 2 tablespoons Olive oil

BEER, WINE & LIQUOR

- 3 cups Port
- 1 1/2 cups Red wine

- Optional: Strain sauce in dutch oven into a bowl. Use spoon to press into onion etc to squeeze out all the flavourful liquid. Pour sauce into dutch oven. (Note 5)
- Skim excess fat off sauce.
- Increase heat to medium high and reduce liquid by half or until it thickens to a syrup consistency.
- Return lamb shanks and juices pooled in the bowl into sauce to reheat, then serve with creamy mashed potato, garnished with parsley.

Located in the Venetian Bay Towncenter
"Venetian Bay's Happy Place"

THE
Happy
Deli

CAFE & MARKETPLACE

Call for hours & specials
386.410.3776
www.TheHappyDeli.com

Breakfast • Lunch • Dinner

Now Offering
Early Bird DINNER SPECIALS
(Weds - Sat) 4pm - 6pm

Deli Sandwiches • Breakfast • Bagels • Coffee
Smoothies • Homemade Soups & Salads
Party Platters • On-site Catering

eat well. smile often. be happy.



THE SPA

AT VENETIAN BAY

Grand Opening Event
Thanks to all the residents who came out to celebrate!
Classic Photography



Read Our Reviews

WE'LL TAKE IT FROM HERE.



MOLLY MAID
WE'RE MAID FOR THIS.

WE CLEAN, WHAT YOU SWEEP UNDER THE RUG

Molly Maid's professional cleaning service can clear the aftermath of parties, playdates and just about anything else you need done around the house. Just create your custom cleaning plan and we'll get to work.

****Same Day Cleanings For Venetian Bay Residents****

MOLLY MAID OF DAYTONA & NEW SMYRNA BEACH
386.256.4935

Visit us at MollyMaid.com to learn more.

© 2016 Molly Maid LLC. Each franchise is independently owned and operated.



Botox \$8.50 unit
Fillers
Cosmetic/Plastic Surgery
Vein/Brown Spot Therapy
Facials & Chemical Peels
Laser Hair Removal
Nail Fungus
Tattoo Removal



Dr. Barry Kaplan
 Medical Director

Cheryl Brooks "The Laser Lady"
 CCE, CME

1720 SR 44, New Smyrna Beach, FL. 32168

386.444.8898

ThairapyLaser@gmail.com

JFK everyday

Nonstop from Daytona Beach International Airport

Flying nonstop to New York City just got a whole lot easier. Now you can fly nonstop from Daytona Beach International Airport (DAB) to JFK in New York City aboard JetBlue....book now!

Parking is just a few steps from your gate. And security is fast and friendly. Flying from DAB is just plane easy!

jetBlue
 jetblue.com



Commercial Coverages, Inc
 A full service Insurance Agency since 1966

WHY WE'RE DIFFERENT: Your call is answered by a real person. WE review your policy at renewal time. As an independent agency, we don't work for an "Insurance Company" we work for you.

Our 50th year in business

- Discounts Given For Gated Communities
- Competitive Rates
- Personal Service
- Free Quotes

HOME 

AUTO 

BOAT 

(386)-756-8551
 1000 Pelican Bay Drive • Daytona Beach
 Toll Free: 1-888-353-1133

Blue Water Therapy, Inc.

We are committed to...
 providing compassionate, effective rehabilitation to each patient we serve, so they may enjoy life to the fullest.

Our Staff is hand picked for their ability to render outstanding care to each of our patients

SPECIALTY AREAS INCLUDE:
 Muscle Weakness | Vertigo | Balance, Gait
 Joint Replacement, Hip, Knee, Shoulder | Rotator Cuff Repair
 Joint Pain | Impingements | Spine Rehabilitation
 Parkinson's Disease | Stroke | Sports Injuries | Women's Health

916 N. Dixie Fwy., New Smyrna Beach, FL 32168
 (located inside the Regions Bank building)
ph (386) 426-7885
fax (866) 239- 9013

follow like friends
 us on Facebook

Owned and Operated by Sandy Huggard / Physical Therapist | Serving New Smyrna Beach area for 19 years

Liberty Lawn and Pest is the best choice for lawn care and pest control throughout the Volusia County and Flagler County area. Please give us a call, join our family, and visit our website at: www.LibertyLawnFL.com
\$25 discount off services with mention of this ad.



1876 Halifax Drive
 Port Orange, FL. 32128
386.492.7979

Liberty
 Lawn and Pest

We provide services for not only the outside, but inside the home as well... Call for a quote!



Let Us "WOW" You and Help Make Your Special Occasion or Event Memorable



New Salted Caramel Harvest Party

Save 20%

on any order \$29 or more

Use code VENT9246

Same Day Delivery

Across the Street or Across the United States
 1859 New Smyrna Beach, FL 32168 (386) 423-1079



At Your Service

Carpet, Tile & Upholstery Cleaning

(386) 426-0243

Smoke, Mold & Pet Odor Removal

Steve Kuehler
 New Smyrna Beach, FL
aysnsb@gmail.com
 credit cards accepted



Ocean View Nursing & Rehabilitation Center is a skilled nursing facility offering innovative concepts of services to meet the needs of every patient in a warm and caring environment

Ocean View Addresses Diverse Conditions Including:

- Stroke
- Neurological Disorders
- Fractures
- Arthritis
- Surgical Recovery
- Cardiac Disease
- Loss of Function
- Pain Management
- Pulmonary Disease
- Amputation & More...



2810 S. Atlantic Ave. New Smyrna Beach, FL 32169 • 386.428.6424



HOW MUCH DO YOU VALUE YOUR MOST PRECIOUS POSSESSIONS?

WIRELESS 4G MONITORING

Receive a text when kids come home
 Remote Arm / Disarm from your phone

About **\$29.95** a month



386-427-8007

Experience PRECISION Carpet-Tile & Upholstery Cleaning

Same Day Service - www.precisioncarpetcleaner.com - Over 30 Years Experience



Serving All of Volusia County
386-423-7551



\$89.95

Carpet Cleaning Special
 4TH ROOM FREE
 Book 3 Rooms for \$89.95,
 Get 1 Room FREE
 Pretreat • Sanitize • Steam Clean

Call Today For Your Appointment



Caring, Compassionate & Comprehensive Dental Care



\$59.00 special from mentioning La Bella Vita magazine ad!

EAGLE EYE
DENTAL
MICHAEL SOMAI, DMD
(386) 957-3977

104 South Cory Drive, Edgewater
 (Follow US1 South Past the Publix across from the Shell Station)

- Cosmetic and Family Dentistry
- Metal-Free Crowns, Fillings, Bridges & Partials
- Digital X-Rays for Lower Radiation Exposure
- Extractions
- Dentures
- Root Canals
- Implant Restorations
- Teeth Whitening
- Veneers
- Nitrous Oxide Sedation

www.EagleEyeDental.com • info@EagleDental.com

Most Dental Plans Accepted • Emergencies & Walk-ins Welcomed



Women... Do you need more room for your shoes?

Men... Do you need more room for HER shoes?

Let Top Drawer Custom Closets Help You!

With us, you can make more efficient use of your storage space. We will work with you to create a custom closet design with shelving and a better drawer system to better use the space you have.

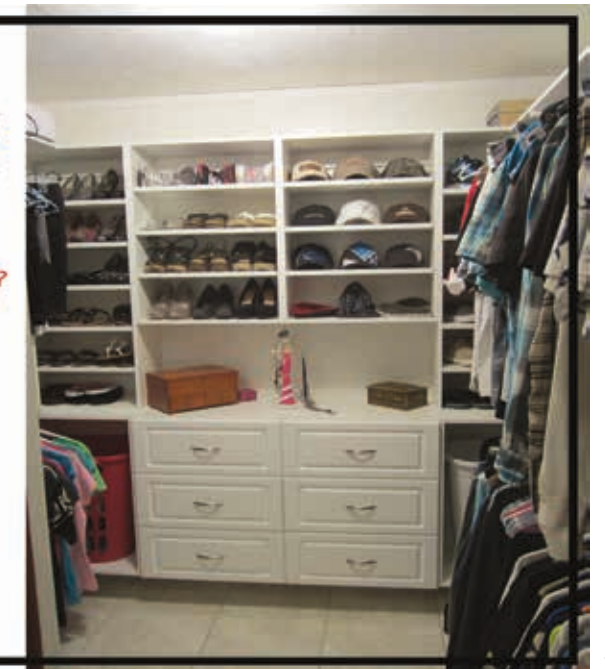
WALK IN CLOSETS - REACH-IN CLOSETS - UTILITY ROOMS
 Kids Rooms & Closets - Workshops - Garages - Pantries
 Laundries - Offices

Call for a **FREE In-Home Design Consultation**

386-761-8775

5030 SOUTH RIDGEWOOD AVENUE, PORT ORANGE FL. 32127

WWW.TOPDRAWERCUSTOMCLOSETS.COM



where **kids health talk**
By Volusia Pediatrics

YOUR CHILD'S health is our #1 PRIORITY!

The flu season is almost here and we, at Volusia Pediatrics, are committed to keeping your children healthy and safe.

Influenza ("the flu") is a highly contagious viral infection of the respiratory tract. When children are in a group setting (school, daycare), they are more likely to get sick from the flu. This is especially true



among infants and toddlers who use their hands to wipe their noses or rub their eyes and then handle toys or touch other children.

The flu can cause serious illness that may result in hospitalization or death. Children with certain conditions are at a higher risk for flu complications but most who get the flu are healthy children. Even a single death from the flu is one too many.

Therefore, it is very important that we work together to help protect each child in our care.

The single best way to ward off the flu is to get vaccinated every season. Everyone six months of age and older should receive the vaccine. Yearly flu immunization is needed because immunity against the flu wears off over time. In addition, the flu virus strains often change, so the vaccine may also change to match the flu strains that are circulating in the environment.

Here are a few important benefits of flu vaccination:

- Flu vaccination can reduce the risk of flu-associated hospitalization, especially among children and older adults.
- Flu vaccination is an important preventive measure for people with chronic health conditions.
- Vaccination helps protect women during and after pregnancy. Getting vaccinated also protects the developing baby during pregnancy and for several months after the baby is born.
- Flu vaccination may also make your illness milder if you do get sick.
- Getting vaccinated yourself also helps protect the people around you, including those who are more vulnerable to serious flu complications (babies and young children, older people and people with chronic medical conditions).



So don't hesitate. Vaccinate!

Call our office today at
386-424-1414 to schedule
an appointment.

2 Locations Available!

633 DUNLAWTON AVE PORT ORANGE, FL 32127

317 S. DIXIE FWY NEW SMYRNA BEACH FL 32168

386 - 424 - 1414 www.volusiapediatrics.com



Venetian Bay Town & Country Club & All Central Florida Area Residents*

This Award Winning Website is celebrating its 12th year! Be sure to check out: Real Estate for Sale or Rent, Free Bulletin Board, Local Newspapers, Weather Forecasts, 24/7 "Live" Real Time Beach Cameras for New Smyrna and Daytona Beaches, Calendar and Events, Must Have Phone Numbers, Things to Do, Local Activities, Dining & Entertainment. Check out Savings Coupons from our Advertisers on our **"HOT SPOTS"** section.

Bookmark our website on your Favorites List.

www.venetianbayhomeowners.com

Your suggestions and comments are very important and always welcome. Commercial businesses seeking to advertise in our **"HOT SPOTS"** section, please email us at: vbhomeowners@att.net or call: **386-409-3395**.

*This website is not affiliated with or contracted by the *Venetian Bay Homeowners Association, Inc. (the * "Association") or their developer. This internet venue, including the content of articles and advertisements contained herein, is not authorized, endorsed, or sponsored by the * Association. This website is a free community service & social information venue expressly designed for the entire Central Florida area.



Baby Carriers, Cloth Diapering,
Personalized Gifts, Apparel and more!

\$5 OFF
purchase of \$50 or more!

386.256.4998
Located in The Port Orange Pavilion
5513 S. Williamson Blvd. Unit 211
Port Orange, FL 32128

Fashionably Early.

Season of Style Savings Event

Order your shades now and be ready for holiday gatherings.
\$100 REBATE on select purchases 9/17-12/12/16.*

Blinds, Custom Drapery, Bedding, Shutters & Shades

Coastal Shutters
& Window Treatments Inc.

2242 State Road 44 New Smyrna Beach
(386) 409-2199

We offer a full Custom
Drapery & Bedding
Design Service.
Free Design Consultation.
Expert Installation.

HunterDouglas
Showcase Dealer

Beck's
Wholesale Nursery
& Landscape

www.BecksNurseries.com



We Provide all Aspects of Landscaping...
Design and Installation of Custom Gardens
386.255.2126



Sassafras
Pet Spa, LLC

386-426-0415

We Offer The Latest Trends In Pet Care:

- * Spa Therapy Treatments
- * Cage Free Dog & Cat Grooming
- * Small Animal Grooming
- * Dog Training Services



Locally Owned With Over 13 Years Of Experience In The Industry

Megan Mitchell, Stylist & Trainer
207 Palmetto Street, New Smyrna Beach, FL., 32168
Sassafras.NSB@gmail.com | www.Sassafras-NSB.com

medical minute

Residents Drs. Samira & Vartan Karakossian



Dr. Vartan Karakossian
& Dr. Samira Karakossian
(386) 231-6300
5535 South Williamson Blvd.,
Suite 700 Port Orange, FL 32128

Peripheral Neuropathy

"An estimated 20 million people in the United States have some form of peripheral neuropathy, a condition that develops as a result of damage to the peripheral nervous system." [NIH Publication No. 15-4853]

Neuropathy is a medical term for nerve damage. Areas most commonly affected by peripheral neuropathy are the lower extremities.

Symptoms of peripheral neuropathy include

- Numbness
- Tingling
- Burning
- Shooting pains
- Lack of sensation

Causes of peripheral neuropathy include:

- Uncontrolled Diabetes (excess sugars affects the nerves). This is actually the most common cause of peripheral neuropathy.
- Hypothyroidism, a clinical state resulting from underproduction of thyroid hormones.
- Excessive alcohol intake
- Vitamin deficiency, particularly the B vitamins
- Viral infections or autoimmune conditions such as Guillain-Barre
- Chemotherapy

The diagnosis of peripheral neuropathy can be established by a Physician in the clinical setting. This may lead to further evaluation with diagnostic studies such as EMG (electromyography) and NCS (nerve conduction studies).

Treatment of peripheral neuropathy involves correcting the underlying cause. In addition, medications are helpful to manage the symptoms. For example, in diabetics, it would lead to tighter blood sugar control ... or in hypothyroidism, correction with medication management. Medications to help alleviate the symptoms of peripheral neuropathy include tricyclic antidepressants and anticonvulsants. Medication names include Amitriptyline, Lyrica and Neurontin.

Complications that may result from untreated peripheral neuropathy include having an injury without any awareness of the injury. It can lead to infection, delayed wound care and even possibly amputation. This is one of the reasons that patients with peripheral neuropathy are advised to perform visual inspection of their feet daily.

For further information and evaluation, do not hesitate to discuss with your Primary Care Physician.



venetian bay golf club's spotlight star of the month

congratulations
DICK
 LESIEUR!

Golf Shop Attendant

Dick earned his Spotlight Star of the Month award by making a great impression on the Venetian Bay Team.

"He is a true professional," states F&B Manager, Kelly Desuza. "He is all about teamwork and going above and beyond the call of duty."

What motivates Dick to do a great job every day?" It's all about the guest experience and how I can make it even better!"



Celebrating 25 Years!

Sales - Mobile Service - Custom Accessories
 Financing Available on Select Models

(386) 427-9778

Gulf Atlantic Vehicles

3298 Pioneer Trail
 New Smyrna Beach FL., 32168
www.GulfAtlanticVehicles.com

There's No Time Like Now To Plan Your Future

Call me today for a Complimentary Portfolio Review



Anne M. McCulloch, AAMS®
 Financial Advisor

2982 South Ridgewood Avenue
 Edgewater, FL 32141
 (386) 427-3886

www.edwardjones.com

Edward Jones®
 MAKING SENSE OF INVESTING

Member SIPC

HOMEOWNER'S SPECIAL

**One Year Major Systems & Appliance Service Contract
 NO DEDUCTIBLE/NO SERVICE FEE**



BFS Home Service Warranty has been in the Appliance and Air Conditioning repair and service business for over 40 years, and is committed to bringing reliable, quality service to you. Our Service Contract provides repair for one full year, and is renewable on a yearly basis.

\$249
 for a full year of coverage

Repair Coverage Includes:

- | | |
|------------------|----------------------------------|
| Air Conditioning | Ice Maker |
| Compressor | Refrigerator-Ice/Water Dispenser |
| Freon Recovery | Dishwasher |
| Garbage Disposal | Heating (Gas or Electric) |
| Wall Thermostat | Water Heater (up to 40 gallons) |
| | Self-Cleaning Oven/Range |

*Additional options available

BFS HOME SERVICE WARRANTY
 3337 Bartlett Blvd • Orlando, FL 32811

Call 407-425-2556

386-409-0320

On-Site or In-Shop

Repairs Wireless Virus Removal
 Commercial and Residential

COMPUTER "A" SERVICES

SAVING COMPUTERS DAILY

817 N DIXIE FREEWAY

NEW SMYRNA BEACH

(2 Doors North of Dairy Queen)

Look For Our **RED FRONT DOOR**

www.computeraservices.com

PC and MAC



Glen C. Garrow's
TROPICAL GLASS TINTING
 Home & Office Window Tinting

BLOCK THE SUN'S HEAT & UV RAYS WITHOUT BLOCKING THE VIEW!

Quality Installations Since 1978

Free Estimates 386-428-0810

PANORAMA® WINDOW FILMS ELITE DEALER Tropicaltinting.com

Laundry Land Cleaners

Open 7 days a week
 Mon-Sat 9am-8pm
 Sun 9am-4pm

Same Day Service for All Venetian Bay Residents

Wash & Fold, Pick-up and Drop Off Service



386.756.2544

4062 South Ridgewood Avenue Port Orange, FL. 32127

DANCE *like your* LIFE DEPENDS *on it*

faith's health tips

Submitted By Resident Health Coach,
Faith Stouffer,
choosehealthalways@gmail.com,
240-344-4400



The Habits of Health system incorporates two different kinds of motion. One is exercise activity thermogenesis, which is fancy way of saying traditional scheduled exercise like lifting weights or going for a run. The other type of motion we use is non-exercise activity thermogenesis (NEAT), which encompasses all of the little things that we do throughout the day that require our body to burn energy.

You might not consider standing while you talk on your phone exercise, but it does, in fact, require your body to spend energy. In the fight against obesity, every calorie burned counts and those small wins push us forward on our path to Optimal Wellbeing.

The power of the NEAT System is that you can do it right now and can continue doing it into our 90s and 100s. Since it doesn't feel like work in the way that trudging into the gym might, these little wins can also be easier to rack up. Just by making NEAT

motions a part of your daily routine, you'll soon accomplish your primary goal of offloading a couple of hundred calories each day and that's going to help your energy management system function flawlessly, indefinitely.

There are six parts of the NEAT System within the Habits of Health but today I wanted to talk about dancing.

If you put on a song you like, watch what happens. You might start tapping your pencil or your foot ... or even singing at the top of your lungs!

There's a term for music's capacity to lift us up this way: ergogenic. An ergogenic aid is anything outside of your body that boosts physical or mental performance -- either by increasing your capacity to perform, removing psychological constraints to performance or speeding your recovery after exertion. This is why music is so popular among weight lifters. It actually does help! It turns out that music and rhythm can help decrease inflammation.

For the purposes of NEAT, though, we harness music's ability to enhance motion by amplifying brain arousal, a phenomenon that researchers have shown actually increases the intensity of your activity, which means burning more calories. If you're moving, you're probably on the right path!

The best way to make music a force for health in your life is to incorporate it into your daily routine as much as possible. If you can do it safely and without interrupting your responsibilities, listening to an iPod at work and help to keep your mood up and to keep you moving throughout the day. At home, use music to augment everything you do on your own, from gardening to cleaning. You might also feel compelled to go even farther -- like registering for a dance class -- and that's great!

Your daily goal should be to get at least 10 minutes of music and dance in a day. If you can get more than an hour a week, that's even better.

Remember that NEAT doesn't mean that you have to dance until you're out of breath or tired. Your ten minutes of music could be gently bobbing to your favorite Pandora station while you sort through papers at work or singing in your car on your drive home work from work. We're after little bits of activity that are so easy you'd have to put more work into failing.

So get to dancing!

Laser Center
of Port Orange
386.304.3411

*Laser Hair Removal,
Electrolysis and Nail
Fungus Removal*

Mon.-Thurs 10am to 6pm
Fri. 10am to 4pm

www.LaserCenterPro.com

SPRING SPECIALS!

\$995 *
Spring special
*See stores for details

Phonak Audeo Series Hearing Aid

Other Digital Specials!

was \$990 NOW \$395 ITE (In-the-Ear)	was \$1,595 NOW \$495 ITC (In-the-Canal)
was \$1990 NOW \$595 CIC (Completely-In-the-Canal)	was \$1990 NOW \$595 Open Fit

Multi-channel / Fits up to 40db hearing loss

Affordable Hearing Solutions

Complimentary Screenings & Demonstrations

Michael Rice BC-H.I.S.
Jerry Mishler BC-H.I.S.

New Smyrna Beach
1333 Saxon Drive
Publix Shopping Ctr.
386-957-3830

Aetna | Cigna | Humana | UnitedHealthcare | AARP

Is Your Head On Straight?

If not, the body is imbalanced and can cause:
Headaches * Vertigo *
Mental Fog * Neck Pain *
Low Back Pain * Heart Palpitation * Arm Pain and so many more problems

Upper cervical chiropractic care is safe and gentle. Call to make an appointment today, to evaluate if your head is on straight

MEGAN FRANKLIN, D.C.
UPPER CERVICAL CHIROPRACTIC

(386) 492-2989
900 N. Swallowtail Drive Suite #104D
Port Orange, FL 32129
www.mfranklindc.com

Westberry Family Dentistry
JAN WESTBERRY, D.M.D. | WENDY R. WESTBERRY, D.M.D.

FROM OUR *Family* TO YOURS

(386) 423-1440

2234 State Rd. 44
New Smyrna Beach, FL 32168

Newsmyrnabeachfamilydentistry.com

L&B POOLS OF VOLUSIA COUNTY
Swimming Pool Maintenance and Repair
Family Owned and Operated | 24 Years Experience | Licenced and Insured

We do Refinishing, Drain & Cleans and Tile

CALL FOR YOUR FREE ESTIMATE TODAY!

(386) 957-4934
Call Today

100% SATISFACTION GUARANTEE

Robert J. Boudreau/Owner | Fax: (386) 957-4935 | New Smyrna Beach, FL

LA BELLA Vita

PRSR STD
US POSTAGE PAID
WILMINGTON NC
PERMIT NO. 40


FL_New Smyrna Beach



THE SPA
AT VENETIAN BAY

GIFT CARDS AVAILABLE
www.TheSpaatVenetianBay.com

NOW OPEN!



BB
BOREN BEAUTY

424 LUNA BELLA LANE
UNIT 124

NOW OPEN!
386.424.0014