

March 2016

LA BELLA Vita

A Social Publication Exclusively for the Residents of Venetian Bay Town & Country Club



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Pat Lennaco

Photography By Greg Flynn

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Area Information & Points of Interest

Destination	Miles	Driving Time
Beaches	8	12 Minutes
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Daytona International Speedway	17	18 Minutes
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PUBLISHER Kimberly Anderson
(386) 453-1906
Kimberly.Anderson@n2pub.com

CO-PUBLISHER Dorian Anderson
LaBellaVita@n2pub.com

EDITORS Jason Anderson | Karen Green

PHOTOGRAPHER Greg Flynn | Mark Steighner

ARTISTIC GRAPHICS/PHOTO ENHANCEMENT Greg Flynn | Dorian Anderson

DESIGN TEAM Sarah Rinker | Joe Pihlblad

CONTENT COORDINATORS Kelly Desuza | Stephen Laub

WRITERS David Carson | Karen Green | Wendy Tranter

CONTRIBUTORS AT LARGE The Residents of Venetian Bay
We are always looking for residents to follow up on leads, find great stories and send us ideas. Let's celebrate the great things happening in our community! No contribution is too small. Please email LaBellaVita@n2pub.com with your pictures, suggestions, or requests.

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Thank You Contributors: We would like to thank our content coordinators for helping us highlight Venetian Bay residents.

Thank you David Carson, Kelly Desuza, Stephen Laub and Wendy Tranter for supporting *La Bella Vita*!

Deadlines for submitting photos or content:

May Issue: March 25

June Issue: April 25



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Publisher's *Note*

Greetings Venetian Bay Residents,

We hope you enjoy your March Issue of *La Bella Vita* Magazine. Inside this month's issue, meet Amalfi's Italian Restaurant owner, Pat Lennaco. Enjoy reading about your local Mother & Daughter dental practice, Westberry Dental. Meet Yoda, the French Bulldog, in our Precious Pet of the Month section and view beautiful pictures of our Garden of the Month winner.

Please keep the ideas, stories, photos and events coming our way. This publication is for you and about you, so we welcome all your ideas. If you are so inclined, write the article yourself! We love to hear different voices. Nothing is too big or small. Everything is of interest ... from a special Venetian Bay tradition, to recipes, trips, a family happening or exciting neighborhood news. We love our pets and our children, so please send in their stories.

As we move into spring, there are lots of coming events, so keep us apprised of your calendars. Spring cleaning and projects are all on our to-do list. We hope you will utilize our advertising partners for all your needs, whether it be home improvements or something new.

As we look back over these last couple of months, the most gratifying thing is meeting so many of you, getting to know you and hearing your stories. Each day is different and putting all of this together for you is a joy. We look forward to meeting more of you in the months to come!



The Publisher

Sincerely,
Kimberly Anderson
Owner/Publisher, *La Bella Vita*
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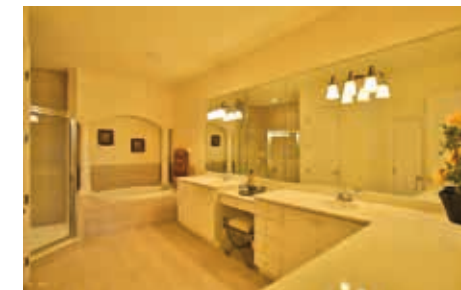
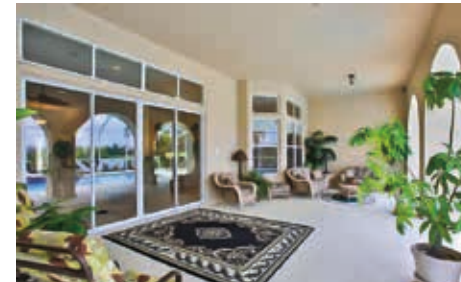
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Would you like to have your home or a special room(s) featured in an upcoming issue or would you like to nominate one of your neighbors? Then send an email to LaBellaVita@n2pub.com.

MARCH La Bella Vita



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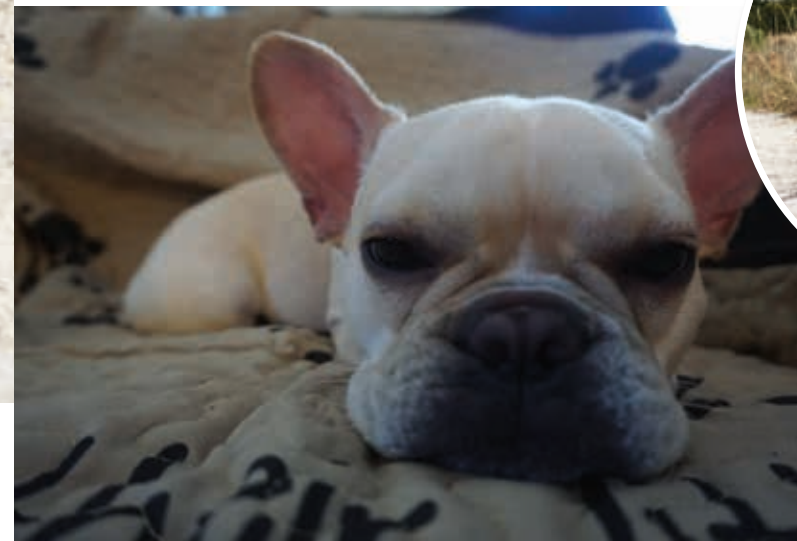
Submitted By Residents Kaitlin Yaracs And CJ Vasile

Family member names: Kaitlin Yaracs and CJ Vasile

Pet's Name: Yoda/French Bulldog

Male or Female: Male

Pet's Age: Going to be three in April



Where/why did you get your pet? Yoda was a graduation present from college. We have always grown up loving the breed.

How can you not love that face? At the time, we were living in an apartment in Orlando and French Bulldogs do great in small spaces.

Is there a story behind his name? Yoda was named after the Star Wars character. His ears said it all.

Anything special or unusual about them (talents/quirks)? Frenchies are quite comical and entertaining despite their glum expression. Yoda loves to greet visitors, but is otherwise a quiet dog. He usually spends most of his day being a couch potato. When he is not on the couch, he is usually playing with his toys or rolling on his back. Yoda loves to go to New Smyrna Sand Dunes Dog Park to sun bathe on the beach or car rides to his favorite store, PetSmart. French Bulldogs can be stubborn. Sometimes it makes it difficult to train, but he responds well to food (like any dog or pet would).

What do you like best about your pet? We love his quirkiness and large expressive eyes. He is so affectionate and is great with other dogs.

Any funny stories? Snorting, snoring, flatulence and some slobbering go with the territory of the breed

How spoiled is your pet? Our dog is beyond spoiled. He gets new toys or treats for every occasion. He has figured out where his treats are hidden and will scratch at the door and patiently wait for a treat. He even taps his water bowl to let us know to refill it. I think it's safe to say that he has us trained. Every morning I allow him in bed for morning cuddles. He can be a drama king at times. He has difficulty going to the bathroom when it's raining unless he has an umbrella to protect him. Even then he does not like his paws getting wet and watches his steps very carefully.

What else should we know about your pet and/or how you pet has enriched your home/family? A house is not a home without a Frenchie

Do you have a pet and would like to share his/her story? Then email LaBellaVita@n2pub.com to have them featured in the next available issue! Dogs, cats, horses, fish and any other type of animals are welcome!



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Venetian Bay GARDEN OF THE MONTH

Home of Stephen Laub & Donna Ehlers
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How long have you lived in the house? I have resided in my home since November 2005 – 11 years now.

What is unique about your yard? I wanted to have my outdoor landscape/garden a little different than just having ornamental plants. My older brother, Richard, was the Horticulture Chairman – and also on the Board of Directors of the Friends of the Port St Lucie Botanical Gardens – in Port St Lucie Florida. He was instrumental in starting the Cactus Garden Area at the Botanical Gardens. In addition, my daughter, Faith, lived in Sarasota Florida, where she raised many succulent plants including various cacti.

Please share the names of unique plants? With the information from both Richard & Faith, along with some ideas on where to plant each succulent, I decided to plant a cactus garden at my home. I decided to utilize Blue Century Plants, Variegated Century Plants, Blue Agave Plants, Americana Agave Plants, small Hen & Chick Plants & Aloe Plants. I added some large Robeleni Plants and a few Dwarf Shilling Plants. I also used some low growing flowering Sedum Plants for colorful ground cover. All of the plants are drought resistant and use minimum water. They can go for up to three weeks without watering, even in the hot summer sun. They are thriving in our year-round climate, which ranges from a low of 30 degrees in the winter to over 90 degrees in the summer. These cacti plants are “survivors,” they grow rapidly, need very little care and occasionally you can feed them special liquid food for succulents. There are plenty of new growths from each plant to enable replanting or for enlarging your garden. The new growth is also ideal for gifts to neighbors’ and friends.

Did you decorate it yourself? If not, what company did you use? All of the landscape on the north side of the driveway and directly in front of my home was planted by us (except for those nasty Washingtonia Palm Trees which the builder planted).



What was your inspiration? I wanted a relatively low-maintenance and low-water consumption garden. Something that would blend in with the home exterior, be a little eclectic and also be different from the landscape of many other area homes.

If you could do it over again, would you change anything? Yes, I would not recommend planting Washingtonia Palm Trees, they grow fast and high and need trimming at least three times per year. Also, the Pin Oak Trees that are planted on the common area by the road (a site plan requirement for the developer, made by the City of New Smyrna Beach): The Pin Oak Trees require constant watering, feeding, trimming and constantly drop leaves all over the property – they also destroy the concrete sidewalks. Sidewalks have already had to be replaced in front of many Venetian Bay Homes.

What advice would you give someone looking to spruce up his/her yard? Check out the landscaping on many homes in the New Smyrna Beach Area. When you find one that you like, inquire with the owner/occupant about what company did the design & planting. Many of the established local landscape companies can provide you with an artist virtual layout of their suggestions so that you can see the way that your garden landscape will look ... and make any changes before the job is started. Be sure that you get at least a one-year exchange/replacement warranty on each plant.

Thank you Steve and Donna for keeping Venetian Bay Beautiful!

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Submitted By Resident Linda Moss

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- 1 onion, diced**
- 2 garlic cloves, minced**
- 1 cup mushrooms, diced**
- 1 zucchini, sliced and diced**
- 1 egg white**
- 1/4 cup oat bran**
- 1 Tablespoon Worcestershire sauce**
- 1/2 teaspoon Italian seasoning**
- 1/2 teaspoon thyme or sage**
- sea salt & black pepper**
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INSTRUCTIONS:

Preheat oven to 350 degrees. Spray a 12-cup muffin pan with nonstick spray. Mix all ingredients thoroughly and divide into 12 meatballs. Add the beef/turkey meatballs to the muffin pan and bake at 350 degrees for 40 minutes, until browned and cooked through.

Makes 12 Meatloaf Muffins, 2 points+ each

Would you like to have your favorite family recipe featured in the neighborhood publication? We are looking for anyone who has a good recipe to share! For more information, please email LaBellaVita@n2pub.com.

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Venetian Bay KIDS

By Karen Green
Photography By Greg Flynn



Meet Bryson & Carson Stepp



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Carson Stepp is 10-years old and in the fifth grade at Indian River Elementary School. His favorite subject is math and he aspires to be a pilot when he grows up. Carson recently received an Honor Roll Certificate for his Outstanding Academic Performance. He was also recognized with an Academic Achievement Certificate for his Academic Excellence at Indian River Elementary. Carson has many interests including golf, snow skiing, dirt biking, riding and building forts. He says he can build almost anything out of Legos. Carson plays baseball and golf and enjoys time spent outdoors, whether in his backyard or at the playground.

Carson has a brother named Bryson and a pet cat. He plays the guitar but wants to learn more about the instrument. His favorite color is blue and his favorite food is hamburger. When it comes to TV, Alaska, the Last Frontier and Gold Rush are listed as favorites. Carson likes Rock Music and Star Wars. He looks forward to skiing in Utah while on vacation.

Third grader, Bryson Stepp attends Indian River Elementary School. He plays basketball and golf and has several favorite sports teams including college FSU, the NFL Broncos and Dolphins, NBA Miami Heat and Orlando Magic. Like his brother, Bryson excels in the classroom. After his participation in the Indian River Elementary School Spelling Bee, Bryson was recognized for his dedication to improving spelling, increasing

vocabulary, learning concepts and developing correct English usage. On February 1, 2016, Bryson was awarded the Indian River Elementary School Citizenship Award for being an Outstanding Citizen for Second Quarter 2015-2016.

Bryson plays the drums and enjoys hip hop, rock and country music. He likes being outdoors and lists his hobbies as basketball, snow skiing, dirt bike riding and hiking Angel's Landing in Utah. Added to his diverse interests, this nine-year old does magic tricks and wants to be an airline pilot someday. Bryson likes bananas and dogs. His favorite movie is The Three Stooges and looks forward to being on vacation at the Atlantis Resort in Nassau, Bahamas.

Venetian Bay
BUSINESS SPOTLIGHT

Introducing
Amalfi's Italian Grill & Pizzeria

Edited By Karen Green | Photography By Greg Flynn



Pasquale (Pat) Lennaco
President and CEO of Amalfi's Italian Grill & Pizzeria
Amalfi's Italian Grill & Pizzeria -
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New Smyrna Beach, FL 32168

Amalfi's Owner, Pat Lennaco, was born in Salerno, Italy. He spent his younger years in New York and graduated from Lincoln High School in Yonkers. Pat grew up the youngest son of a classic Italian family. All the children worked for everything they had. Being the son of a stone mason and a seamstress, Pat knew the value of earning a keep and has always had a non-stop work ethic. By the age of 20, Pat bought his first auto body shop. His love of cars and technical expertise lead to a highly successful career including the restoration of Corvette, Rolls-Royce and Ferrari vehicles. Pat always loved his mother's cooking and spent a great deal of time in the kitchen himself. He knew he had always wanted to open a restaurant and after mov-

ing to Florida, he came upon the opportunity with Mya Thuzar and opened Luigi's Pizzeria.

After a successful eight years at Luigi's Pizzeria with Mya Thuzar, Pat wanted to carry his vision to Venetian Bay and the surrounding area. He wanted to offer not only his acclaimed pizzas but other traditional family recipes to the community. Pat's life-long love of Amalfi Coast traditional cooking was inspiration when naming the restaurant here in Venetian Bay.

Amalfi's Italian Grill & Pizzeria is now an upscale Italian restaurant based on the rich history of Pat's home city of Salerno, Italy. Their specialties include in-house homemade bread and pizza crust, incredible sauces, quality and fresh ingredients, Italian specialty wines, friendly service, amazing outside dining and views, all day delivery and catered events.

Amalfi's Classic New York style pizza with homemade crust and special sauce is surely a fan favorite with the residents. Many don't realize the additional offerings of specialty dishes such as Zuppa di Pesce, Veal or Chicken Francese and succulent steaks that are available throughout the day. Amalfi's Delivers! They are open seven days a week and are ready to serve the residents of Venetian Bay.

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financial fitness

Three Ways Risk Tolerance Can Shortchange Your Portfolio

By Resident David Carson

The goal of investing is simple: to grow your assets. Yet investing involves risk, which means you may end up with less than you started with. Without risk, however, there's no potential for reward. That's the investor's quandary — how much risk is tolerable in the quest to meet your financial goals? As you review your investing strategy for the upcoming year, consider how your risk tolerance may be affecting your portfolio.

PERSONALITIES AND LIFE EXPERIENCES SHAPE RISK TOLERANCE
Your comfort level with risk has roots in your personality and life circumstances. For example, growing up in a financially-strained household or living through a period of economic difficulty can dampen your enthusiasm for investment risk. Whether you are generally optimistic or pessimistic can also influence

how much risk you are willing to take. On the other hand, there are the thrill seekers who are drawn to the potential for large gains. Generational influences can also shape whether you lean toward financial restraint or have a more carefree attitude about money. For example, men tend to be more likely to embrace risk, while women may be more cautious.

A 2015 Ameriprise study, Financial Risks & Investor Attitudes, found that many U.S. investors allow their feelings about risk to influence their investment behavior in ways that are detrimental to their financial goals.

Three risk profiles illustrate how attitudes can trip up the best investment intentions.

AVOIDING RISK AT ALL COSTS

For example: A retiree receives a monthly income from Social Security and a generous pension. His combined income has been sufficient to meet expenses and his lifestyle, so he hasn't had to dip into his savings. Despite his financial comfort, he is only comfortable investing in assets that provide a fixed return or allow him to cash out quickly.

In this example, the retiree represents a risk-averse investor. He has the financial leeway to invest in higher yield investments, which offer greater growth potential, yet he chooses a more conservative path. Does this sound like you? If so, your dislike of risk may be hampering your ability to capitalize from a more diversified portfolio. At the minimum, make sure your investments are keeping up with inflation. Talk to your financial advisor for reassurance if you suspect you can handle more investment risk.

OVERREACTING TO MARKET CHANGES

For example: A working couple with two teenagers contributes the maximum amount to their employer-sponsored retirement plans, with the intention of retiring in 15 to 20 years. They've taken care to purchase sufficient insurance to protect their family. After the last market downturn, they redistributed their portfolios to hold only low-risk investments.



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DAVID CARSON,
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386.760.2000

dcarson@ampf.com
carsonwheeler.com



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Are you like this couple, quick to react to external events without considering the long-term? A balanced portfolio can help you weather bumps in the market that tend to even out over time. Your financial advisor can help you employ a consistent strategy that periodically rebalances your assets to align to your investment goals and time horizon.

Investing beyond your capacity to withstand losses
For example: A middle-aged single architect earns a good living but has difficulty setting aside funds for the future. She enjoys researching and investing in startup ventures in the technology sector. She admits to investing in long shots, hoping to hit the jackpot.

Investing in high-risk investments when you have limited assets or a short time horizon is asking for trouble. If you are tempted to take bigger risks than your portfolio can withstand, enlist a financial professional to help you maintain a more disciplined approach to investing.

FIND BALANCE AND OPPORTUNITY IN RISK

If you relate to any of the three scenarios above, your risk tolerance may be preventing you from reaching your investment goals. An experienced financial advisor can help you arrive at investment decisions based on financial principles rather than emotions. Together you can factor in your assets, time horizon and capacity to manage losses as you select investments with the best chance of generating optimal returns.

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Neighbors Night Out

Carson, Wheeler & Associates Commemorate A Combined 28 Years With Ameriprise Financial

By Resident David Carson



New Smyrna Beach, Florida – 01/21/2016

David Carson and Brian Wheeler of Carson, Wheeler & Associates, A Platinum Financial Services Practice, recently celebrated a combined 28 years with Ameriprise Financial. The Club House at Venetian Bay was the perfect venue for their client appreciation event. Carson & Wheeler have served residents of the Volusia county area since 1998.

David Carson, CFP® and Brian Wheeler, CRPC® provide financial advice that is anchored in a solid understanding of client needs and expectations and provided in one-on-one relationships with their clients. For more information, please contact David Carson at (386) 760-2000. Their office is located at 1401 Beville Road, Daytona Beach, FL 32119.

Legally SPEAKING

Maximizing Your Social Security Income

By Michael I. Kling, JD, LL.M., CPA, CFP

Your decision about when and how to file for Social Security benefits can significantly change the money that goes into your pocket during retirement. Regardless of income levels, Social Security is a significant component of almost every retiree's portfolio. For many, Social Security income is their largest source of lifetime retirement income.

Today, full Social Security benefits begin at age 66 and 67 for most adults. There are, however, options to get reduced benefits as early as age 62, or to delay benefits up to age 70, which will

increase your monthly income amount. Filing early may make sense for some retirees, but it is important to understand the limitations of that choice and the opportunity you may miss to increase your Social Security income.

The longer life expectancies of today's retirees mean you will likely need Social Security income for a longer period of time than previous generations. For everyone, there is a break-even point at which accumulating higher benefits over a shorter period outweighs collecting smaller benefits over a longer period. This means that you may benefit financially from taking advantage of delaying rules that will grow your monthly benefit.

What you need to know is that Full Retirement Age ("FRA") is the age when you are eligible to receive full social security benefits based on your lifetime employment record. The amount to which you are entitled is called your Primary Insurance Amount ("PIA"), which is based on your lifetime Social Security earnings, adjusted for inflation. The benefit amount reflects a percentage of your average monthly earnings. The PIA was capped at \$2,663 per month for 2015.

An individual with age 66 FRA, could "grow" his or her Social Security income by as much as 76% by delaying benefits until age 70 as compared to filing for benefits early at age 62. The reduced benefit at age 62 would be 75% of the full benefit available at age 66. By delaying benefits filing until age 70, the benefit amount would increase up to 32% above the PIA.

There are also ways to coordinate spousal benefits with survivor benefits by carefully planning how and when benefit applications are filed. Spousal benefits can be taken as soon as FRA is reached or benefits are otherwise available. Then, survivor benefits are taken upon widowhood. When one spouse is the primary wage earner or there is a large age gap between spouses allowing that person's benefit to grow while spousal benefits are paid, will ultimately result in an increased survivor's benefit.



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Venetian Bay Golfers Of The Month

Meet Allen & Mary Erickson

Submitted By Kelly DeSuza

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What section of the neighborhood do you live in and how long have you lived in the neighborhood? Savona South. Eight years.

Where did you grow up? Chicago suburbs

How long have you been playing golf? 40-50 years

What is your favorite golf pro/teacher/mentor's name? Lenny Veracelli

Who do you idolize in the sport? Idolize is a strong word. Who we like is Bubba Watson, Rickie Fowler, Rory McIlroy, Tom Watson, Arnold Palmer, Phil Mickelson, Fred Couples, Jordan Spieth, etc. There are so many.

How often do you normally practice? We practice once a week.

Are you on a team? Mary is a member of the Venetian Bay Women's Golf Association

Have you met a famous Golf Pro before? We met Arnold Palmer and Gary McCord

Have you traveled anywhere outside the state to play golf? Costa Rica, Bahamas

What have you learned from participating in this sport? Patience—we learned we don't have much, haha!!!

What is your favorite golf moment? Allan's Hole-In-One on the sixth hole at Venetian Bay

Are you a competitive golfer with extraordinary skill, experienced or not very experienced at all and would like to give a positive message, interesting story or golfing tips that may help better someone's game? Email me at LaBellaVita@n2pub.com.

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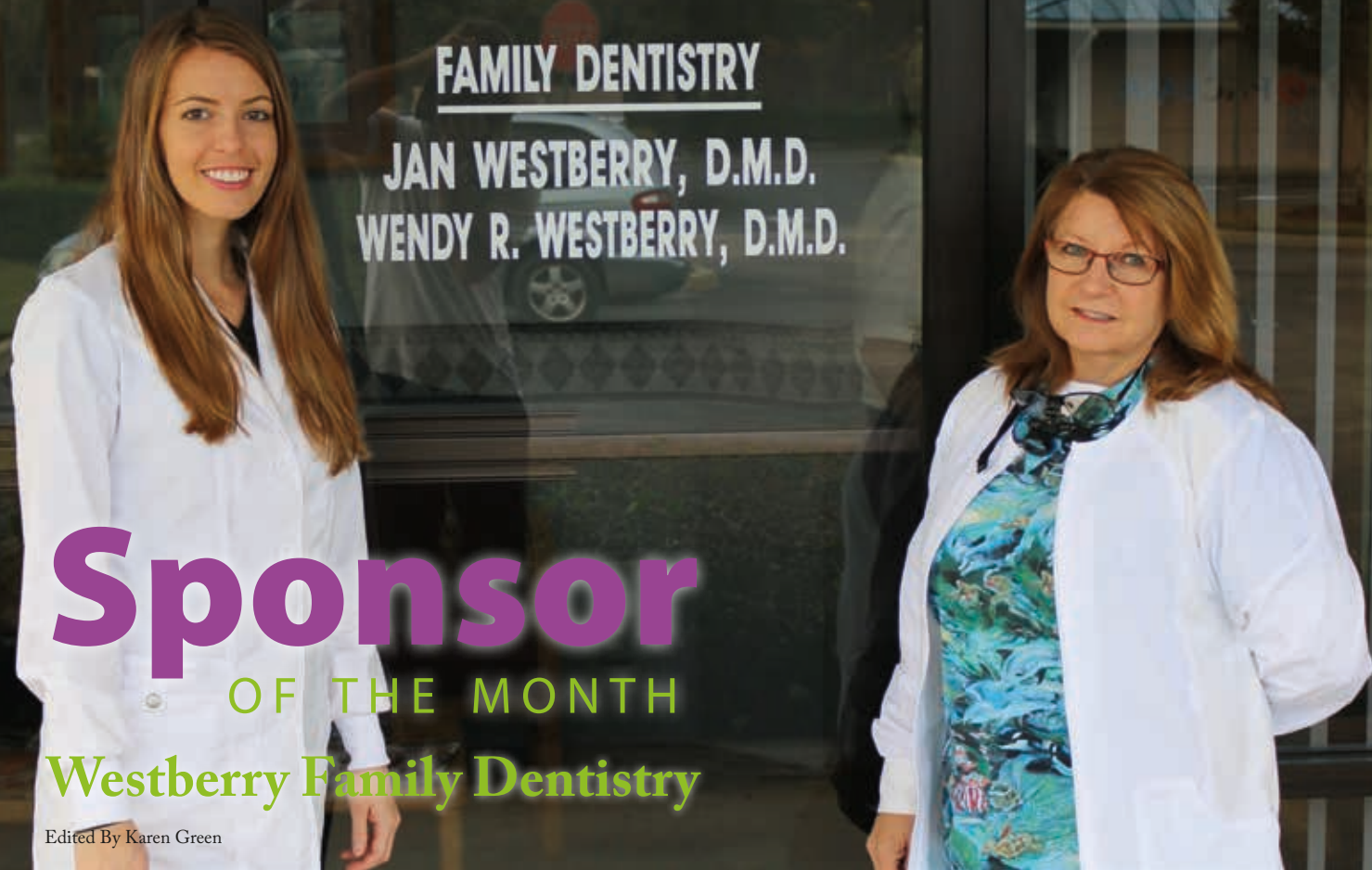
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OF THE MONTH

Westberry Family Dentistry

Edited By Karen Green



Where did you grow up? How long have you lived in the area? Tell us about your family. Dr. Jan Westberry was born in Wisconsin. Her father was an army dentist so her family moved around often. She attended the University of Wisconsin Madison, the University of North Carolina at Chapel Hill, and the University of Central Florida. She came to the Daytona Beach area where her mother was residing in order to be closer to family.

Dr. Jan has three children -- Wendy, Will and Kait -- all of whom are University of Florida alumni and die-hard Gators. Her daughter, Dr. Wendy Westberry, joined her in practice in 2014. Will is graduating this summer and will also be joining Westberry Family Dentistry, making it truly a family practice. Kait is in veterinary school and hopes to one day return to this area to serve its furrier residents.

Dr. Wendy is a native to the New Smyrna Beach area. She received her bachelor's degree in Zoology at the University of Florida. After graduation, she worked in dentistry at home and abroad, traveling widely with several different organizations providing humanitarian and dental services. These experiences solidified her desire to become a dentist. Dentistry blended art and science perfectly and it was in her blood after all. She later returned to UF for dental school.

Tell us about the event that led up to where you are now. (i.e. education, career path) Dr. Jan was working as an x-ray technician at

Halifax hospital when she met a local dentist. She thought, I can do that! Two years later, she started dental school at the University of Florida College of Dentistry. After graduation, she returned to the Daytona beach area and purchased what is now Westberry Family Dentistry in New Smyrna Beach. She has been practicing here for 32 years.

What is your business and how/why did you start your business? Westberry Family Dentistry is a general practice dental office serving families in New Smyrna Beach and surrounding areas. We see family members of all ages for all routine, cosmetic and emergency needs. Dr. Jan came to Volusia County in 1984 and has enjoyed serving this community ever since. Dr. Wendy graduated exactly 30 years after her mother from the University of Florida and joined the practice in 2014.

What is unique about your business? (what sets you apart from the rest?) Our mother-daughter team is very unique. We have two generations of dentists, offering new perspectives and the use of new technology, as well as the expertise of 30 years of experience. We think it is a perfect combination. With Will Westberry joining the practice this year, our patients will also have a male dentist from which to choose. We are fortunate to have the best staff around. Many of our team have been with Dr. Jan for over 20 years. Some even babysat Dr. Wendy when she was

a child! We are so proud of our friendly and experienced staff. They are truly invested in creating a compassionate and exceptional environment for our patients.

We are a family practice and consider our patients to be part of that family. Our philosophy has always been to simply treat people right and to focus on excellent patient care. This philosophy has served us well and we have enjoyed many wonderful years of working with this community.

Given your business expertise and the nature of what you do, what advice, whether general or specific, can you offer the residents? The best advice we can give is to find a dental home where you are comfortable. It's so important to find an office that you like and trust. It is also important keep up with your yearly cleanings and check-ups. Early detection of problems is key to avoiding more extensive and expensive dental procedures. Prevention is the best kind of dentistry!

Many parents don't realize they should bring their children to the dental office as soon as their first tooth comes in. The earlier children are introduced to the office, the more comfortable and less fearful they will be. The first visit usually consists of riding in the chair, spraying some water and getting used to having the dentist look in the child's mouth. A fun, easy first appointment sets your child up for a happy dental future.

Replacing missing teeth is an important part of keeping your mouth healthy. Besides looking un-aesthetic, spaces can catch food and prevent you from eating comfortably. Spaces between teeth also allow the remaining teeth to shift and move into unfavorable positions. Modern dentistry has developed great ways to replace teeth that will last a lifetime.

What else we should know about you, your family or your business?

Dr. Jan is also a Board Certified Forensic Odontologist, the fourth woman ever to hold this certification. She has worked extensively on state and national mass disaster teams. She was honored to help identify victims of the World Trade Center attacks in September 2011, as well as those of Hurricane Katrina. She has been the chief forensic dentist of Volusia County since 1990.

Drs. Jan and Wendy have also traveled with the United States Navy working on humanitarian missions in the Caribbean, South and Central America and Southeast Asia every year since 2009.

When not at work, Dr. Jan enjoys spending time with her family and doing agility training with her border collie, Tucker. Dr. Wendy spends her free enjoying the outdoors and taking advantage of what Florida life has to offer.



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Hello Fashion

What May Help To Put "Spring" In Your Step Towards Fashion

Submitted By Resident Michelle Brody

Residents! If you have any fashion tips or ideas that you would love to have featured, please email us siting your source for information along with photos. Also, if you have some tips of your own, regarding fashion, make up, etc. We would love to hear from you. Send to LaBellaVita@n2pub.com.

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Special May Mothers Day Issue!

Calling all dads, sons and daughters ...

This May we will have a special section in *La Bella Vita* to celebrate the wonderful mom's in our community for Mother's Day. Here is your chance to say thanks and wish your mom, grandmother or that special aunt a happy Mother's Day. Poem, photo, letter ... all tributes are welcome. Be a part of the celebration and show your mom how much she is loved and appreciated. Send your submission to LaBellaVita@n2pub.com by March 25 to be included in the May Issue.

TOUR Travel

Happy Bay Villa, St. Martin, Caribbean

Submitted by Resident Caroline Chambers

4 BEDROOMS 4.5 BATH \$700-2500 PER NIGHT

On the Northern Coast of the island sits this charming home in Happy Bay. Offering unobstructed views of the ocean and a fantastic outdoor lounging space, this is one of our top St. Martin villas. St. Martin's white sandy beaches, eclectic nightlife and temperate climate make it an ideal Caribbean getaway.

The villa's spacious back deck features a heated infinity-edge pool, complete with stunning views of the sea and tropical



greenery. Spread amongst the patio are cushioned lounge chairs, allowing you to bask in the sun in comfort. For shade, head to the cozy gazebo under the covered terrace, which also features an alfresco dining area for meals outdoors ... and you can keep things casual by firing up the barbecue. At night, the media room is an ideal spot to unwind with a movie on the large, flat screen TV. Also, to ensure your focus remains on relaxation, your stay includes the services of a housekeeper.

Step inside the villa and find a spot to unwind in the spacious living room. Its inviting atmosphere includes comfy furnishings, island artwork, wood accents and a vaulted ceiling. There's also a satellite TV and a DVD library. If you're feeling like a home-cooked meal, the airy gourmet kitchen offers modern appliances like a gas stove, electric oven and even an ice machine. Both rooms open up to the terrace.

Happy Bay Villa's four bedrooms will comfortably sleep up to eight guests. All suites boast king size beds, air conditioning, and en-suite bathrooms with showers. Even better, the ocean can be seen from every room through French windows.

A stay here means you'll be within a 10-minute walk to Friar's Bay, a cozy beach perfect for families due to its calm waters. For those who are daring in spirit, there's also the secluded Happy Bay Beach, known as a place for naturalists which is a three-minute drive from the villa.

Additional Information: Please note that this villa is equipped with a mosquito repellent system around the house, using only essential oils. Although it is not guaranteed that there will not be any mosquitos, the system will help to prevent mosquitoes around the property.

In order to have your vacation featured in the next available monthly magazine, please provide the following information in a Word document. Please email the document and a couple of high-resolution photos of your vacation to LaBellaVita@n2pub.com.



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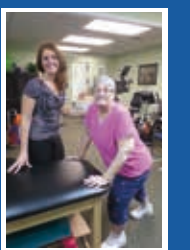
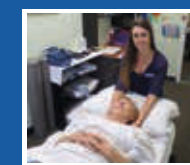
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LOCAL EVENTS MARCH



March 26: Easter Egg Hunt

Children may get an early start on their annual search for eggs Saturday, March 26. An Easter egg hunt will begin at noon in Old Fort Park, 210 Sams Ave., New Smyrna Beach. The hunt will be divided into four age groups: 2-3, 4-5, 6-9, 10-12. The event is free. Children should bring a basket. Free hot dogs, drinks and activities also will be offered. The event is hosted by the City of New Smyrna Beach, the Canal Street Special Events Team, First Baptist Church New Smyrna Beach, and the New Smyrna Lodge No. 149 Free and Accepted Masons of Florida. For more information, please call the City's Recreation Department at 386.424.2175.

March 26: Flagler Avenue Wine Walk

Explore interesting wines as you walk Flagler Avenue from 1 pm 7 pm, Saturday, March 26. During the progressive event, taste your choice of more than 100 showcased wines. Wine tasting passports are \$25 and are available at the corner of Flagler Avenue and Peninsula Avenue, at the corner of Flagler Avenue and Cooper Street, or at the corner of S. Atlantic and Flagler Avenue. Passports include 20 tasting tickets and a keepsake wine glass. Some locations feature both one and multiticket wines to sample. Those who want to share their 20 tasting tickets with a friend may get an additional wine glass for \$5. For more information on the progressive wine tasting, please log on to www.partyonflagler.com.



March 5: Downtown Music Festival IV

Music lovers are certain to find something to get their toes tapping March 5 in the Canal Street Historic District. As part of the Downtown Music Festival IV, artists will play from 9 am – 9 pm in several venues indoors and outside including on a new outdoor stage on the west end of Canal Street. Most performances are free. This year, the Music Festival will be in conjunction with the Antique and Vintage Market. Canal Street will be closed for both events. For more information, please call Marc Monteson at 386.423.9760.

March 17: Shamrock & Roll/St. Patrick's Day

Join the Pot O'Gold treasure hunt along Flagler Avenue from 2 pm 8 pm, Thursday, March 17. Food, live entertainment, dancing and prizes also will be offered. For more information, please log on to www.partyonflagler.com.

March 18-19: Celtic Music Festival

Flagler Avenue will host its first Celtic Music Festival March 18-19. The festival offers up to two dozen free shows at various locations beginning at 8 pm in the Flagler Avenue area of New Smyrna Beach. Admission is free. For more information, including venue locations, visit www.partyonflagler.com.

March 19: Spring Sidewalk Sale

Flagler Avenue will host its annual Spring Sidewalk Sale from 9 am – 5 pm, Saturday, March 19, along Flagler Avenue, New Smyrna Beach. Stroll along the seaside district and peruse sales outside the shops. For more information, please log on to www.flaglerave.com.



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Address	Neighborhood	List Price	DOM	Beds	Baths	SqFt	Parking	Year Built
263 Portofino Blvd	Portofino Estates	\$1,000,000	113	4	3	3,872	4 car	2008
252 Portofino Blvd	Portofino Estates	\$595,000	65	4	3	2,617	3 car	2015
3558 Grande Tuscany Way	Tuscany Reserve	\$477,000	138	4	3	2,892	2 car	2005
3335 W Locanda Cir	Venetian Bay	\$409,900	94	4	3	3,261	3 car	2014
652 Marisol Dr	Venetian Bay	\$399,000	61	3	2	2,129	3 car	2008
489 Luna Bella Ln	Venetian Bay	\$339,900	35	4	3	3,262	2 car	2007
325 Tosca St	Venetian Bay	\$314,900	63	4	3	3,158	2 car	2012
3349 Velona Ave	Venetian Bay	\$314,900	121	3	2	3,042	2 car	2007
3602 Maribella Dr	Venetian Bay	\$310,000	36	3	2	2,079	2 car	2005
465 Venetian Villa Dr	Venetian Bay	\$309,000	182	4	3	3,126	2 car	2005
3365 Stefano St	Venetian Bay	\$278,999	88	3	1	2,184	1 car	2006
450 Venetian Villa Dr	Venetian Bay	\$263,998	154	1	0	2,265	0 car	2004
3370 Tuscano Ave	Venetian Bay	\$235,000	181	4	2	2,180	2 car	2012
3326 Tuscano Ave	Venetian Bay	\$229,900	94	4	2	1,662	2 car	2012
3365 Tuscano Ave	Venetian Bay	\$229,000	122	4	2	1,660	2 car	2013
3450 Velona Ave	Venetian Bay	\$224,900	93	4	2	2,205	2 car	2011



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# Give Your Technology A TIME OUT

Written by  
N2 Staff Writer,  
Elizabeth McCabe

**The ping of an email. Notification of missed calls, voicemails and text messages. Are you being bombarded by your iPhone, tablet or PC? Devices that were designed to simplify our lives have complicated our lives more than we ever could have imagined. Families and individuals are being driven to distraction in today's electronic age. Work hours are no longer confined to 9-5. Now with emails, text messages and cell phones, the standard hours of the work week have eroded with the passage of time.**

Parents aren't the only ones struggling to unplug. According to a recent study, kids 13 to 17 years send and receive more than 3,700 text messages a month. According to a recent report by Common Sense Media, teens in the United States devote nine hours a day using media for enjoyment. Girls flock to social media while boys often pass their time playing the latest video games.

Considering that two-thirds of teens own a smartphone, parents are forced to compete with the demands of a digital age. How many parents are tired of seeing children texting, checking Facebook, or posting on Instagram? Is it time to give your technology a time out?

### Take Time To Unplug

Put your phone on "Do Not Disturb." Refuse to answer email after 8 p.m. or break up with your phone during family time. Consider unplugging and connecting with family and friends without social media – just authentic face-to-face communica-

tion. Take back family meal time with the DinnerTime app. This clever app can disable the Internet, texting, and even calling friends for the dinner period (or bedtime). Richard Sah, the co-founder of DinnerTime, was tired of seeing his children distracted and decided to take action. He wanted to enjoy quality time with his children and designing an app was his answer.

### Engage in Family Activities

Take time to invest in your family on a weekly basis. Consider implementing Technology Time Out Tuesdays. Break out the board games, boost your endorphins with a walk in the neighborhood, or simply go out to dinner and talk face to face. Or give back to the community by lending a helping hand at a soup kitchen.

### Cultivate Friendships

Who needs virtual friends when you can have real, authentic friendships? Join a Bible study, a Bridge club, a bowling league, or a men's group. Learn how to connect to others without social media. Meet a friend for coffee and chat or join a walking group in your community.

In today's digital age, don't get into the trap of comparing yourself with others. Take a break from Facebook. A study by the Happiness Research Institute showed that quitting Facebook for a week caused participants to be happier, less worried, and even less lonely. Unplug on a regular basis and reap the rewards. You'll be glad that you did!

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